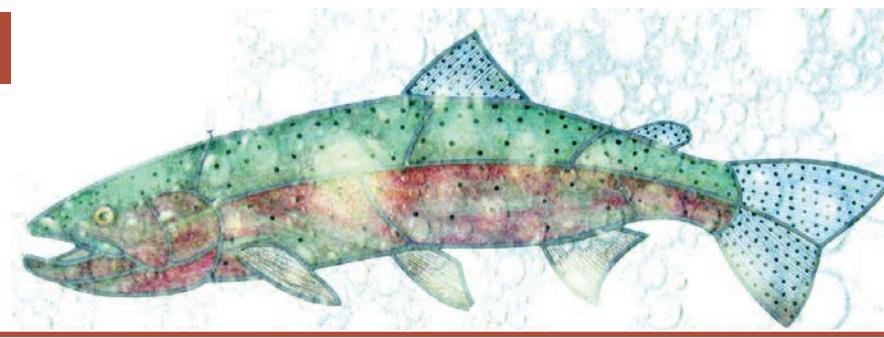


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VOL. 2, No. 17 ♦ 14 PAGES ♦ WEDNESDAY, JANUARY 21, 2015 ♦ EST. 2013 ♦ \$1

Consistent sentencing top priority for new DA

Paul Mann

MAD RIVER UNION

HUMBOLDT — Humboldt County's new district attorney is intent on consistent sentencing as a key way to buoy public confidence in the criminal justice system.

In a one-on-one interview just after her swearing-in Jan. 5, Maggie Fleming, 55, the county's first female district attorney, told a reporter, "I believe the consistency of my office's actions can be enhanced by someone who is a full-time administrator and I am going to do that."

How?

"By exercising oversight and being involved daily in charging decisions and discussions of appropriate plea negotiations."

Fleming said daily involvement means reviewing police reports herself and participating directly in decisions to bring charges. "I'm asking everyone [in my office] to bring to me their homicides and their serious and violent felonies, so I can start reviewing them and make a determination as to their disposition and our course of action."

Serving as a full-time administrator, the district attorney can embed consistency in everyday practice, including Humboldt County's heavy load of marijuana cases, Fleming said.

DA ♦ A4

♦ ARCATA'S BUDGET CRISIS

Arcata's fiscal diagnosis critical

Kevin L. Hoover
MAD RIVER UNION

ARCATA CITY HALL — Arcata's General Fund Budget Task Force (BTF) met Monday, Jan. 12 for the second time, but it was the first meeting that dealt with serious substance.

And it's only going to get more serious in weeks to come as the group identifies ways to reverse the city's structural deficit.

That will involve reorganizing City Hall for greater efficiency, but may also require putting some prized projects and dearly held dreams on hold. The coming budget

crunch will force the city and citizens to check in with its core values and make difficult choices.

The BTF's first choice last week was to select a chair. Member Robin Hashem had been nominated in absentia at the BTF's December meeting, but declined due to family matters. She nominated member Kash Boodjeh, a veteran of similar task forces, and offered to serve as an alternate. The group then elected Boodjeh as chair.

No one from the public attended the meeting. Freshly elected City Councilmem-

BUDGET ♦ A2

JANUARY 2015

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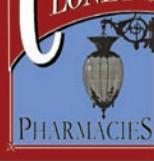
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Healing prescriptions rejected

Director seeks 'Truth & Reconciliation' for Manila CSD

Jack Durham

MAD RIVER UNION

MANILA — As if it were a diseased, damaged or unbalanced organism, the community of Manila was told last week that it needs "healing." The regenerative therapy would begin with two agenda items put before the Manila Community Services District (Manila CSD) Board of Directors at its Jan. 15 meeting.

The first was a proposal from Director Salena Kahle to place a "temporary freeze" on all physical improvements to the Redwood Coast Montessori School, which

leases six rooms from the district at the Manila Community Center at 1611 Peninsula Dr.

The school has been leasing portions of the complex since 2012, starting with three classrooms and growing to six. The school has made about \$42,000 in improvements to the aging building, including installing alarm systems, security cameras, new flooring, a native dune garden and a fence. These improvements were paid for by the school.

School officials also hope to build a new

MANILA ♦ A2

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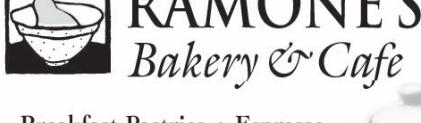
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Manila | MCSD has grant for community visioning

FROM A1

playground and additional gardening areas, although these projects would need to go back to the board for approval.

Kahle is concerned that the school is taking over the Manila Community Center and may become a permanent fixture before the town has an opportunity to develop a vision for the facility.

"This temporary freeze will allow [Manila CSD] staff the time needed [to] finish remodeling rooms, rebuild and stabilize programs and address the needs and concerns of their community," Kahle wrote in a report to the board.

The programs that Kahle referred to are those of the Manila Family Resource Center, which occupies two rooms and the small house-like building at the center. The center and the school both share the facility's spacious main hall.

Kahle was director of the Manila Family Resource Center when she decided to run for office in 2013. As she could not be both a director and an employee of the district at the same time, she quit her job. Carole Wolfe has been the program director for about eight months, during which time the district closed down the thrift store and emptied out rooms filled with rummage items. The family friendly programs are being slowly rebuilt, according to the district.

Wolfe said that there is plenty of space at the center for her program to operate. She said she doesn't anticipate a space problem.

However, Kahle wants a freeze on improvements until a visioning for the future of the center is completed and a plan is developed.

"We need to heal our community," Kahle wrote in her report to the board.

According to MCSD Manager Chris Drop, the district obtained a \$3,000 grant last year from the Humboldt Area Foundation to fund a "community visioning process" that would involve professionally facilitated meetings during which residents would be asked to give input on the future of the community center. The process was supposed to happen last year, but was delayed for several reasons, including cancellation of a contract by a company that was going to run the meetings.

Drop said the visioning meeting may take place in the coming months, although no dates have been set.

When it came time to consider Kahle's proposal to freeze improvements, the board was unsupportive.

"I don't see any reason to have any kind of moratorium," said Director Joy Dellas.

Director Jan Bramlett agreed, saying "I don't think this moratorium would serve a useful purpose."

Chair John Woolley was also in opposition, saying that the freeze conflicts with the school's lease with the district. "I don't think a temporary freeze would do either party any good," he said.

With no support from the board, the proposed freeze was ultimately shot down. The board was then able to move on to another agenda item that promised to help the healing process.

The item was introduced by Director Dendra Dengler, who titled her report to the board "Community Building through Truth & Reconciliation."

That title raised the hackles of Director Dellas, who said "Truth and reconciliation? I mean, really? Is this like apartheid or something that we're talking about here? Is it like the Manila holocaust that we're revisiting?"

Dellas was referring to South Africa's Truth and Reconciliation Commission, a restorative justice commission formed after the abolition of apartheid.

But Dengler's desire for truth and reconciliation doesn't have anything to do with gross human rights violations, just inter-departmental debt from the past.

Dengler asked the board to hire a professional to go over all the previous audits and come with a report that details how the district incurred inter-departmental debt in previous years. This report, according to Dengler, will clear up misinformation in the district and allow for some healing.

"While I strongly support the board undertaking a community visioning process that is somehow community-wide inclusive, I believe the board can help heal division in the community by commissioning an accounting from an independent professional that reports on the inter-departmental debt over the years through the present and also tracks the use and accumulation of discretionary property taxes and other revenues that make up our reserve fund balances," Dengler wrote in a report to the board.

According to Manager Drop, the district's parks and recreation department ran deficits over a period from the late 1990s to before he was hired in 2008. The department borrowed money from the sewer and water departments. Eventually, the programs were cut and the deficits were ended. However, the parks department owed money to the sewer and water funds, so a plan was hatched to pay the money back, which involves transferring money from one department to another. Parks now pays the sewer fund \$8,000 a year to pay off a debt that's roughly \$200,000.

Dengler said an auditor needs to carefully examine what happened and create a report detailing the debt and how it was managed.

But others pointed out that the district hires a professional auditor each year to go over its books. Dengler's proposal would apparently involve an auditor going over the previous audits, which were already approved by the board.

Former board member Michael Fennell questioned the need for auditing something that has already been accounted for.

"People try to make this into some kind of mystery, but it isn't," Fennell told the board.

In past years, district staff went over budget on non-enterprise funds, and now it's being paid back, he said.

Fennell also questioned the need for healing.

"I don't understand the healing of the community or the division," he said. "Almost everyone I meet and know in this community are loving, good people. I don't see any problem, or any hurt or anything that needs healing, except for some insiders... we may disagree with each other over the past. But people need to live in the present and the future."

Dengler's proposal was shot down four to one, with Dengler being the lone supporter of her motion.

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Budget | Defining choices loom for council, city

FROM A1

bers Sofia Pereira and Paul Pitino and City Manager Karen Diemer filling a few of the seats in the empty Council Chamber.

Then, Finance Director Janet Luzzi held forth, laying out in detail what the city – and the task force – are up against.

Its mission is to provide the City Council with informed options for restoring the city's budget to sustainability by prioritizing services which are paid for by the nearly \$14 million General Fund (GF).

"We're looking for you all to help the city come to terms with its structural deficit," Luzzi said. "We have a unique time right now where we can look at our structure and find more organizational efficiencies."

Occurring in parallel with the BTF's deliberations is an overhaul of the city's organizational chart. Diemer also revealed that there is an interdepartmental group within City Hall working on its own set of General Fund recommendations. These will be forwarded to the BTF for its consideration.

During the BTF's next two meetings, city department heads will detail their operations' financial needs. A joint meeting with the City Council will take place on Feb. 25. All this will culminate in a written report that the council may use in making the final cuts.

Meanwhile, the usual yearly budget process continues apace. Department heads will submit their budget requests in March, with preliminary meetings in April. Luzzi will submit her draft budget to the council in May, when study sessions will be held.

Public hearings take place in June, ending with adoption of the budget for Fiscal Year 2015/2016, which begins July 1.

Luzzi described the city's long-standing commitment to maintaining 20 percent reserves for a rainy day. After three rainy years during which the budget was balanced only with the use of reserves, reserves have

plummeted alarmingly from about \$3.5 million in 2013/14 to less than \$900,000 – just 7 percent. A projection for 2016/17 shows use of another \$875,000, virtually wiping out the reserves by reducing them to 1.2 percent of the General Fund.

Three factors conspired to blow up the city's budget, Luzzi said. First was the debilitating Great Recession in the first decade of this century, which trickled down as the takeaway of redevelopment funding by the state. Employee costs associated with wage hikes, medical insurance premiums and pension funding are rising. Also, the city has several capital improvement projects planned.

Two costly projects, the Arcata Rail With Trail Connectivity Project and the Foster Avenue Extension, are out to bid and rely on General Fund financing. "If we're short of money, it could be problematic," Diemer said.

A big disappointment and blow to the budget were the costs associated with Arcata's Excessive Energy Use Tax (EEUT). PG&E charged the city a whopping \$626,424 and took the better part of a year to add the tax to the bills of the most egregious electricity overconsumers.

That gave cannabis growers plenty of time to tear down their rigs and relocate, and when the tax finally kicked in, proceeds were far below projections.

Hopes of PG&E spreading out the initialization costs among other communities adopting a similar tax haven't been realized.

Still, the tax has reduced grow houses by roughly 90 percent.

APD Officer Richard Bergstresser,

a BTF member, said grow houses have dropped to about 60 from 600 to 700 when the EEUT was passed. Diemer said that about 95 Arcata residences pay the EEUT every month.

"The revenue that we received from that has been disappointing, but the benefit to the community has been the reduction of grow houses," Diemer said. She projected that Arcata would break even in four months.

General Fund revenue is something over \$13 million, and very difficult to raise. The only practical revenue streams are fees and taxes. Water fees were already raised recently, so that's out. Taxes require a vote, and that takes both time and a huge effort.

"We have very minimal ways to increase GF revenues," Luzzi said.

One of the special taxes, the Utility Users Tax, a three percent tax on gas, electric, water, wastewater, and communications services that was passed in early 2008, is up for renewal next year. Luzzi said the BTF's findings will help inform that vote. "This will be a real benefit to that," she said.

Another voter-approved tax, the Transactions and Use Tax, a 3/4 cent increment added to the sales tax, passed in late 2008 and helped the city recover from the Great Recession.

The California Municipal Fiscal Health Diagnostic, a tool provided by the League of California Cities to assess city finances, offers an assessment of a city's financial health and ability to meet its commitments.

Run through the tool, Arcata is "showing warning signs of a pending fiscal crisis," Luzzi said.

The BTF next meets Monday, Jan. 26.

ARCATA COUNCIL

At its meeting today, Jan. 21, the Arcata City Council will revisit the annexation of a portion of the Boyd Road neighborhood, a segment of State Route 299 and a parcel of land located at 2212 Jacoby Creek Rd. Also on the agenda is a discussion of the city's representation on the Humboldt County Indian Gaming Local Community Benefit Committee. The meeting will be held in the Council Chambers located at 736 F St., Arcata and will begin at 6 p.m. For the full agenda, visit cityofarcata.org.





PREFAB REPLACEMENT Never again will you have to trudge over to the depressing retail convenience hotel whenever you buy gas at the Samoa Boulevard Texaco station and negotiate with the clerk for a receipt because the gas pumps never have paper in them. The seedy shack was demolished Dec. 18, above, and last Thursday, replaced with a prefabricated minimart, right. The unit was manufactured in Georgia.

LEFT PHOTO COURTESY TED HALSTEAD; RIGHT PHOTO KLH | UNION



SPACE | Arts oasis springing up in the Brae

• FROM A1

HLOC, which has taught performance art to thousands of Humboldt kids, teens and adults and mounted more than 120 theatrical productions over the past 42 years, has done so using whatever spaces it could access.

Come February, it will have its own, dedicated, designed-from-the-ground-up facility to cultivate performing arts and their enjoyment.

SPACE includes two classrooms that can also be used as rehearsal halls, a sewing area, storage space for props and costumes, an office, an ADA-compliant bathroom and a welcoming lobby.

That's just the basics. SPACE's potential is limited only by the imagination, which is never in short supply at HLOC. Also foreseen are studio recitals for music teachers, master classes with touring musicians and dance classes.

Adding options for a pleasant night on the town in metropolitan Sunny Brae, SPACE will offer an evening concert series on the second and fourth Saturdays of the month. The



SPACECRAFTERS HLOC Board members Peter Johnson and Bonnie Cyr discuss saw techniques while toiling to construct SPACE last Sunday morning.

PHOTO COURTESY MAIA CHELI-COLANDO shows will feature everything from acoustic music to operatic performances and more.

Having its own place will allow HLOC to expand its offerings with new classes and productions.

The project is being fueled by an online fundraising campaign, viewable at indiegogo.com/projects/hlocs-s-p-a-c-e. The goal is \$15,000, of which close to \$8,000 had been donated as of Monday.

"We've wanted our own space for ages," said HLOC Executive Director Carol Ryder. "It's been a long time coming."

Along with more contributions to the online campaign, HLOC could use some key donations of items for the new facility. Among them are a singer sewing machine, a filing cabinet, folding chairs and even windows and doors.

Contact HLOC at info@hloc.org or (707) 822-3319.

New Image

Also new to the north wing of Sunny Brae Center is New Image Hair Salon, now located between SPACE and the Companion Animal Foundation thrift shop.

The bustling beauty shop outgrew its former digs occupying several spaces at Sunny Brae Center's south end, consolidating its eight stylists into a larger location with sunny, south-facing windows.

New Image offers haircuts, coloring, facials, body waxing and more. newimagehairstudio.com, (707) 833-2884

Supes kill policy on illegal projects that consume water

Daniel Mintz
MAD RIVER UNION

HUMBOLDT — Continuing to alter a Planning Commission-approved draft of the General Plan Update, a majority of county supervisors have decided to delete a policy declaring that illegal development is not a beneficial use of water.

The Board of Supervisors reviewed the update's Water Resources Element at a Jan. 12 hearing. A policy stating that "a water use serving illegal development is not a reasonable and beneficial use of water" came under debate.

The board had previously decided to keep the policy in a 3 to 1 straw vote, with Board Chair Estelle Fennell dissenting. Supervisor Ryan Sundberg was absent for the vote and asked that it be reconsidered.

Sundberg said he believes the policy is "confusing" and its intent is covered elsewhere in the update.

Reminding that staff had recommended deletion of the policy, Fennell said water rights are applied to land ownership.

"As a part of the state's water rights laws, riparian rights go with the ownership of the property so it's a beneficial use," she continued. "We have to be very, very careful and that was my thinking — we're treading on ground that will possibly open us up to lawsuits and take people's rights away."

But Supervisor Mark Lovelace said the policy only defines illegal development as an unreasonable means of water use.

"There's no aspect of this that would be taking water rights," he continued. "This is simply saying that if someone builds something without a permit, it doesn't establish a water right."

He added that the policy intends to limit further exploitation of over-allotted watersheds. "Just because you've put up a house, it doesn't mean you have a right to put another straw in the river," Lovelace said.

After a public comment session with mixed opinions and more discussion by the board, Supervisor Virginia Bass asked planning staff if the policy is truly necessary.

Planner Michael Wheeler said it "doesn't add much to our hat" when addressing unpermitted development. Planning Director Kevin Hamblin agreed.

"It is confusing and can be interpreted and looked at as esoteric or unneeded," he said. "If the question is, is this needed for comprehension of the general plan, staff would answer — No, it's not."

Supervisors voted to delete the policy, with Lovelace dissenting. After the vote, Fennell downplayed potential interpretations of the action as being negligent of watershed impacts.

She noted that the presence of the update's Water Resources Element itself shows commitment to watershed preservation, as it is an optional element not required by the state.



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Trinidad selects Fulkerson as this year's mayor

Benjamin Fordham
MAD RIVER UNION

TRINIDAD — Julie Fulkerson will be serving another year as mayor of the seaside village after being selected by the Trinidad City Council at its Jan. 14 meeting.

While largely a symbolic position, the mayor does help set the agenda and facilitate city council meetings.

"I am happy to serve in this capacity," Fulkerson said. "We have a terrific council and staff, so facilitating the meetings is easy. It is a team effort."

Fulkerson is well-qualified,

having served on the Humboldt County Board of Supervisors and the Arcata City Council in the past, including as mayor of Arcata. She also serves on the boards of the Humboldt Transit Authority and the Redwood Region Economic Development Commission.

Some had expected Mayor Pro-Tem Dwight Miller to be nominated, but as soon as the agenda item was introduced Miller quickly nominated Fulkerson, and the nomination was unanimously approved. The

city is still seeking someone to fill the vacant fifth council seat.

The council also heard a presentation and annual update by Ben Morehead, president of the Trinidad Coastal Land Trust, on the group's activities during the meeting.

The land trust holds and/or manages several properties in the Trinidad area, including Houda Point, Luffenholtz Beach, the Moonstone Beach public easement, and the site of the Trinidad Library and

Trinidad Museum.

"They have a really impressive set of properties," said City Manager Dan Berman. "They are some of the iconic beaches of this area." The group is currently raising money to build an art gallery, meeting room and office space adjacent to the museum.

In law enforcement news, two arrests were made in connection with numerous thefts in the area, the bomb squad was called to destroy blasting caps located at a residential property and two calls were responded to regarding incorrigible juveniles.



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Steve Strombeck

Steve Strombeck is a member of the Redwood Capital Bank team. He has been a local business owner for many years and is a strong advocate for the community. He is a member of the Arcata-Eureka Chamber of Commerce and the Humboldt County Bar Association. He is also a member of the Arcata-Eureka Lions Club and the Arcata-Eureka Optimist Club. He is a graduate of the University of California, Berkeley and has a law degree from the University of California, Davis. He is a member of the Arcata-Eureka Bar Association and the Humboldt County Bar Association. He is a member of the Arcata-Eureka Lions Club and the Arcata-Eureka Optimist Club. He is a graduate of the University of California, Berkeley and has a law degree from the University of California, Davis. He is a member of the Arcata-Eureka Bar Association and the Humboldt County Bar Association. He is a member of the Arcata-Eureka Lions Club and the Arcata-Eureka Optimist Club. 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PUBLIC SAFETY

New UPD police chief a huge Metallica fan

HUMBOLDT STATE UNIVERSITY

HUMBOLDT STATE — Donn G. Peterson, a veteran of 29 years with law enforcement, has begun his tenure as Humboldt State University's new chief of police.

The former major of the Broward Sheriff's Office in South Florida, Peterson, 50, was sworn in as Humboldt State's new police chief by university President Lisa Rossbacher on Jan. 5 in a small ceremony at University Police Department headquarters in the Student Business Services building. A more formal ceremony will be held later this spring.

"When I found out I was chosen to be the HSU police chief, I thought: 'Did I win the lottery?' I feel absolutely blessed, humbled and honored to have this opportunity," Peterson said. He succeeds Lynne Soderberg, who was police chief for three years.

Peterson brings nearly three decades of law enforcement experience, including 12 years of consecutive command-level experience in both large metropolitan areas and college campus enforcement services. He has a B.A. in Criminal Justice Management from Union Institute & University and is a graduate of the 216th session of the FBI National Academy.

"He has all the experience, training and the background," said Vice President of Administrative Affairs Joyce Lopes. "That being said, he is approachable and down-to-earth, and that makes people feel comfortable, which will be important as he works with students, staff and faculty."

Lopes said Peterson's ties with not only California, but also academia make him a good fit for this role. Peterson grew up in Sebastopol. His mother is an alumna of Sonoma State University, his father was Dean of the College of Agriculture & Natural Resources at the University of Delaware and his brother is an elementary and special education teacher in Delaware.

"I grew up visiting my dad in the lab and going



Donn G. Peterson

to college athletic events with my parents," Peterson said.

According to Peterson, the decision to accept the top cop position at Humboldt State was a natural next step.

"I felt that I had obtained a wealth of experience and that it was time to do something different," he said. "So the opportunity at HSU was serendipitous. I thought, here's a place that's related to my mom's alma mater, the position is in a university setting, and it's in Northern California. That all feels like home to me, and I wanted to come home."

One of the most exciting aspects of working at HSU, he said, is the chance to interact with students. "What I really can't wait for is to give students a chance to get to know me. More importantly, I want to get to know them and their concerns because they have a voice," Peterson said.

Besides building relationships with students, Peterson plans to work with campus and community officials on campus crisis intervention efforts, such as helping students in distress and directing them to resources (such as mental health professionals).

He is also eager to work with HSU's Sexual Assault Prevention Committee (SAPC), a group of faculty, staff, students, law enforcement, and community partners dedicated to preventing sexual violence.

Peterson has a beloved wife, Renee, son, Corey, and dog, Branson. He is also the proud owner of a Fender Stratocaster electric guitar, which he plays in his spare time, and is a huge fan of Metallica.

Stabbing | 'Corner Intentions'

FROM A1

The victim's injuries were severe. "These were life-threatening wounds," Dokweiler said. "She will be in the hospital for some time."

'Corner Intentions'

Attempting a constructive response to the violence, City Councilmember Susan Ornelas announced on Facebook an event called "Corner Intentions."

Every Monday morning in February, participants are to gather at 9 a.m. at the corner of Ninth and H streets on the Plaza. From 9:05 to 9:20 a.m., they will stand or sit silently, projecting positive vibes.

States the Corner Intentions Facebook page, "Come to 'Corner Intentions' a 15 minute period of silence, with the intent of envisioning the positive future we all want for the City of Arcata. We will gather on the Plaza for 15 minutes to SILENTLY vision, hope, pray, heal, love, and/or meditate... If it's raining - bring an umbrella. If you are late, please enter SILENTLY. CHAT AFTERWARDS!"

The corner of Ninth and H streets has been a popular social gathering spot for years. It is a frequent source of calls to police for muni code infractions such as drinking, smoking, fights and disturbing the peace. One young gentleman toting a two-liter bottle of Western Family Root Beer was recently heard referring to another shirtless man there as a "dumb ass," a remark not well received.

Ornelas didn't respond to queries before deadline. Her intention seems to be to project a calming influence over the troubled corner.

Man dies in 101 crash

MAD RIVER UNION

MCKINLEYVILLE — A man died in a solo vehicle wreck on U.S. Highway 101 at Airport Road in McKinleyville last week.

At about 4:20 a.m., Friday, Jan. 16, the California Highway Patrol Humboldt Communications Center received a call of a silver Subaru off the highway near Airport Road.

The CHP, Arcata Fire District and Arcata-Mad River Ambulance responded to the scene. Upon arrival, first responders found a silver Subaru, with a male driver, on the dirt embankment at the Airport Road underpass.

Paramedics on scene determined that the driver was deceased.

A preliminary investigation indicates that the Subaru was traveling on U.S. Highway 101 southbound when it left the road and traveled into the grass center divider.

The Subaru continued in the center divider between northbound and southbound lanes, then traveled between the two freeway bridges, across Airport Road and struck the embankment on the south side of Airport Road.

The Humboldt County Coroner's Office responded. The release of the victim's name is pending Coroner notifications.

Anyone with information regarding this collision is asked to call the CHP at (707) 822-5981.

McK Denny's robbed

MAD RIVER UNION

MCKINLEYVILLE — On Saturday, Jan. 17 at 3:35 a.m., the Humboldt County Sheriff's Office received a 911 call from an employee of the Denny's restaurant in McKinleyville reporting the business had just been robbed at gunpoint. The suspect was last seen fleeing the business on foot, south through the shared business parking lot at 1500 Anna Sparks Way.

Arriving HCSO deputies learned that the suspect had obtained an undisclosed amount of cash. They searched the area with the assistance of Arcata Police Department officers, an Arcata Police K-9 unit and officers from the California Highway Patrol, but were unable to locate the suspect.

The suspect is described as a light skinned male, possibly Caucasian, approximately 5 feet, 8 inches to 5 feet, 10 inches tall, with a medium build. The suspect was last seen wearing a camouflage patterned full face mask, dark grey hooded sweatshirt, light colored blue jeans pants, light colored shoes, and was armed with a black semi-automatic handgun.

Anyone with information for the Sheriff's Office regarding this case or related criminal activity is encouraged to call the Sheriff's Office at (707) 445-7251 or the Sheriff's Office Crime Tip line at (707) 268-2539.

To slump and seethe, perchance to squawk

• **Monday, January 5 9:41 p.m.** A cell phone charging up near a microwave oven at an I Street store was plucked by a man in a black hoodie who was tracked to Eureka.

11:41 p.m. Mailboxes in Todd Court were gutted of mail and left hanging open.

12:39 p.m. A couch was dumped on the grounds of a Janes Road business. The victim recognized the spewn sofa from Craigslist, and had the owner's address and phone number.

7:11 p.m. It takes a man brainless enough to yell at Northtown pizza artisans and then sulk in a corner booth to wear a red sweatshirt and beanie.

7:27 p.m. It takes a man fearless enough to wear tan overalls in public to stand outside a downtown brewery and howl at total strangers.

• **Tuesday, January 6 12:32 a.m.**

The Day of the Doorway got underway with a surly slumper seated and seething in front of the doors to a minor H Street movie theatre, "squawking."

10:07 a.m. A gaping open door at an L.K. Wood Boulevard residence was the first sign a man and woman returning to the home had of the burglary that had occurred there. Taken were a laptop computer and earrings

all valued at \$2,000.

10:09 a.m. An expensive handbag unwisely left on the passenger seat in a car in an I Street parking lot lasted as long as it took for someone to reduce the side window to granules and snatch up the nugget of fungibles.

7:18 p.m. Just outside the ER doors loomed a wheelchair full of gray-haired orneriness in the form of a grumpy gent who made a disturbance

and disrupted operations.

9:29 a.m. Police were notified of a man sleeping in the doorway of an L Street dance studio.

11:01 p.m. A man roosted from a Fifth Street resident's doorway lurched off in the direction of a carport, also a non-sustainable solution.

• **Wednesday, January 7 9 a.m.** A bicyclist negotiating the Giuntoli Lane roundabout was struck by a red Honda CRV or something similar. The biker made it to work with cuts, bruises and road rash. The driver sped off.

9:35 a.m. A different driver who knocked over a road sign at Fourth and K streets called APD and reported directly to City Hall to show an officer the vehicle damage.

10 a.m. A Siskiyou County deputy asked APD for assistance in finding a person who was hanging out with something named "Juco."

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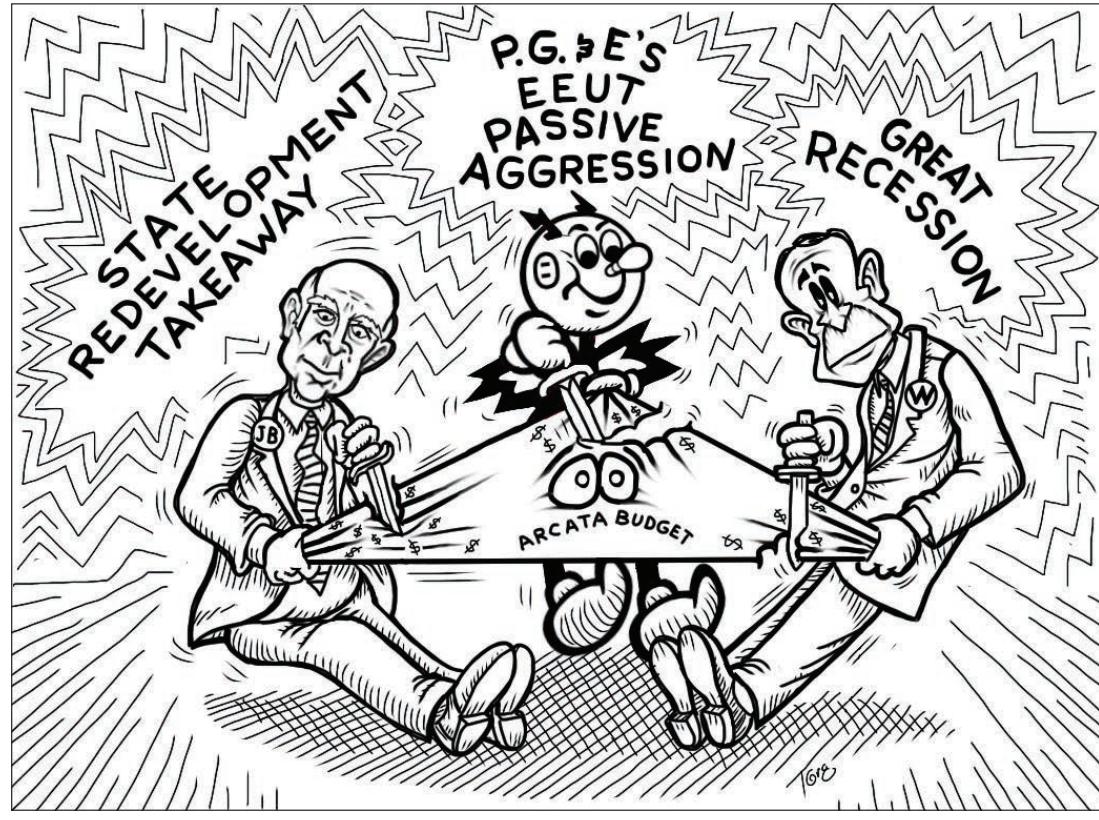


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OPINION



News Item: State and federal leaders, corporate partners make their mark on Arcata's budget.

A supportive community helps Arcata House bring families together

Many, many thanks to our wonderful community! Arcata House Partnership had an incredible Christmas with donated toys from the Humboldt Association of Realtors, Christmas baskets from the Presbyterian Church, extra money and presents several of you dropped by and a generous helping hand from the Holiday Funding Partnership.

We had live Christmas trees in all the houses and out at the Night Shelter, thanks to Pacific Builders. The children in our programs received new bikes (with helmets), games, dolls and a new Christmas outfit and shoes. As Charles Dickens said, "I will honor Christmas in my heart and try to keep it all the year."

Now it is time to put away the decorations and go back to the business of helping our families find homes. Despite the festivities, Christmas can be a double-edged sword. Mass media insists it's the

"happiest time of year" but that can only increase the pressure for families that are broken or those with minimal communication, hurt feelings or sadness. Typically I get one to two emails a month from a parent searching for a lost son or daughter – usually one who has mental illness or substance abuse disorder or both. The sadness and worry jumps off of the page.

We try to help; we alert our clients, and many times street folks have seen that person. It's heartbreaking. Every client is "somebody's baby" and every parent can understand the grief of not knowing where a child is. As we watch individuals and families in our programs stabilize and re-integrate, one nice side benefit is reconnecting and nurturing those lost connections.

Separation from family can be especially poignant for children

who are traumatized by homelessness. This month we heard about high rates of child trauma in our community, and we particularly see that in the children in our transitional housing program, one of the five Arcata House Partnership programs. We operate four family shelters all over town – there is probably one near you.

Families are invited to live in one of our houses while they save money in a trust account and work to overcome their barriers to housing (history of eviction, mental or physical illness, substance abuse, poor credit, etc.).

When we receive a referral, we try and "intake" clients within two days. During the first phone interview, we stress that the main goal of the program is permanent housing. Besides requiring clients to save money, we help them en-

roll in our local affordable housing program waiting lists. We work with them to find employment or gain new skills that can lead to employment, or if they are disabled we help them apply for benefits.

We try to match families in our houses – maybe putting moms with young kids together or families with teens in the same house, but living with roommates you didn't choose can be challenging and can be an inspiration for finding permanent housing more quickly.

Our families work very hard to secure housing. The case managers meet with them once a week and encourage them to keep applying for housing and jobs. We encourage everyone to get a family doctor, dental care and other health and social services they need.

We expect clients to help maintain the houses and remind them that getting along with roommates is practice for getting along with neighbors. We help them

a bunch of bullshit.

People in Manila are just fine the way they are. The beach and the dunes – and the sound of crashing waves that lull residents to sleep each night – are providing Manilians with plenty of restorative therapy.

The only ones who need healing are the small number of current and former Manila CSD boardmembers and their allies who are butthurt because they didn't get their way when it came to some issue that was brought before the board. But that's just democracy in action.

To these wounded souls: Suck it up and heal thyself. But please don't lecture your neighbors that they, too, need healing.

Our chakras are aligned, our humors are balanced. Join us.

Jack Durham lives in a house perched on a dune in the damp, foggy, rusty town of Manila.



JACK DURHAM
RAMBLING JACK

Overcoming butthurtedness

In the salty outpost of Manila, there's been talk recently about the need for community "healing." The idea is that residents are somehow emotionally wounded – perhaps traumatized – because of some minor controversies involving the Manila Community Services District (Manila CSD).

There have been some issues, such as a staff change at the Manila Family Resource Center. There's a Montessori school that's moved into what was previously underutilized space at the Manila Community Center. There are some debt issues from years ago that perturb a tiny handful of residents.

Understandably, there are differences of opinion on these issues. Not everyone in town agrees with one another, nor should they.

But the notion that residents are emotionally wounded and need to go through some sort of healing process is



KAREN FOX OLSON
ARCATA HOUSE

clear up credit and legal issues and teach them skills to help them work with potential landlords to increase their chances of being chosen.

Our program is successful. Nearly 100 percent of the families who complete it move into permanent housing. Former clients say things like, "The program is great! Thank you for trusting me." They also express gratitude at being re-united with their children and having a chance to start over.

We are all grateful for the strong supportive community we have that helps us keep the glow of Christmas going all year long.

Ms. Karen "Fox" Olson, MSW is the Executive Director of Arcata House Partnership. She looks forward to explaining the other four programs: permanent supportive housing, rapid re-housing, emergency shelter and outreach and engagement in future columns.

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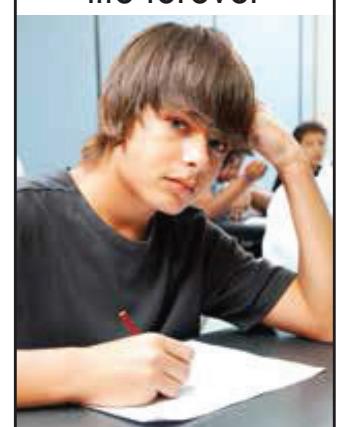
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OPINION

Buds peek through the slushy dirt

*Fifty Million Years ago
You walked upon the planet so
Lord of all that you could see
Just a little bit like me.*

Walkin' in your footsteps –

*Hey Mr. Dinosaur
You couldn't ask for anything more
You were God's favorite creature
But you didn't have a future*

– *Walkin' in your Footsteps* by Sumner, Gordon Mathew and sung by many.

We were on the right track for a while off and on, but then innovation disappeared because of greed, so, with progress, everything invented (?) now has a shorter life span. What happened to waste not, want not? There is coverage in detail about this in *The Week* magazine of Jan. 16 on page 40 but it doesn't make you feel any better or what we can do about our future.



◆ EYE OF THE BEHOLDER

"Another View" in the *T-S* of Jan. 8 on page A4 mentions the dangers to children of smartphones and this is just one of many things we must be aware of and do something about on our own.

On the new Pivot channel 60 last week I watched the movie *Plastic Paradise* that went beyond what we already know about the islands of plastic in our Pacific Ocean and others. There doesn't seem to be an answer in the near future and the 640,000 tons dumped per year is out of control. Even if we stop using it, they haven't discovered any way to make it reusable or send it back to its source. The chemicals in plastic are not cool and even things like Trek Lumber exude fumes. We don't know the end results. The reefs are fading away, fish kill is on the rise and the final product, now thousands of mini-bits, are increasing out of our control. Another scare is the containers that are plastic even with acidic contents. And whiskey bottles? Come on! Glass can be reused and recycled over and over.

On a cold winter's day, well it wasn't that cold if you kept walking, the crows/ravens/gulls were somewhere else but the starlings were in flocks of hundreds on the wire listening to the radio, until you walk by, then they fly to and fro to get your attention. They then sing to you and follow your trek wherever you go. Saw a couple of robins already and the sprouts of many buds of many different flowers peeking up through the slushy dirt.

Sunday, the Magic Marsh was alive with humans and again no crows or ravens around and only a couple of herons but lotsa egrets, ducks and the flyover crew of thousands of geese interacting with the field of munching bovines.

The Texaco Station on Samoa Boulevard and J Street has been discombobulated with work going on. I guess they have to have the tank cleaned every once in awhile, we'll see in a few days.

A pleasant surprise last week: I was greeted by my wild friend that I hadn't seen in six weeks or more. I thought maybe he had expired or found a home. He ran out to greet me and wouldn't let me leave for about an hour and you can't say no to that kind of fun.

Tai Chi was good after two weeks of respite because of holiday closings, and we even had a couple of new people on board. It was Elvis Presley's birthday last week and when I got to the Senior Center after Tai Chi, there was Elwood dressed like Elvis and rarin' to go.

When a government loses a case, the taxpayers must pay the corporations for its alleged "loss" of expected profits. So this explains why the prices hike up so high and fast. Last week, I bought a product that I use and the price was \$4.49 and then this week the sign said \$6.29 and new low price now \$5.29. What kind of BS is this? More room for chickens on the rise in California and egg prices will go up but not here in Arcata/Eden as we are a little more concerned for our critters and many have chicks of their own.

Bev says if you didn't make it to the meeting of U.S. Navy Training and Testing Draft about the environmental impact on marine life from sonar buoys and more, you can voice your comments to Navy at newtties.com.

To the yard dumper

To the Woman who left her Leavings in my yard this morning:

From what you left, I see that you are a woman artist, a printmaker and a ceramicist.

I am guessing that you are/were an HSU student who has either graduated or changed your residence.

You failed to internalize the environmental consciousness of your university. When you moved, you had some stuff left over, which you dumped in our yard.

Your trash did not disappear into the iCloud, nor did it melt into the grass.

I did not enjoy cleaning up after you this morning, and would have preferred pruning the roses.

Please consider this when you move again. Thank you.

Marilyn Andrews
Arcata

Je Suis Mad River Union

Congratulations to the staff of the *Mad River Union* for your courage in standing

LETTERS

up for the right to free speech.

The black banner was quite striking and the sentiment of solidarity with those killed in Paris was very moving.

It made me proud to live in Humboldt County where we still have a local paper staffed by local people.

And thanks to Paul Mann for his articulate article on the subject.

Katherine Almy
McKinleyville

A new way to approach New Year's Resolutions

Now is the time of year that we tend to reflect on what has passed and what we want to change in our lives moving forward.

As I was contemplating my own life and changes I would like to make, I started to think about why so many New Year's resolutions fail. So, I did a little research and this is what I found.

According to researcher Richard Wiseman, 88 percent of all those who make resolutions fail. I wanted to know why and most of the posturing on this topic comes close, but doesn't quite hit the mark.

The simple answer is we need to have willpower, according to Professor Baba Shiv, but we know that simply having "willpower" is not that easy. If it were, more of us would succeed at our resolutions.

Also, just like in goal setting, we need to choose smaller more manageable steps that are achievable, rather than a huge resolution that involves eating better, exercising more and improving our entire lives for years to come!

According to BJ Fogg from Stanford University, resolutions are vague abstracts. You have to pick a goal and tie

it to a specific behavior to change. Take baby steps.

For example, here are four common resolutions:

- *Resolution: Quit smoking. vs. Habit:* Only stop smoking that one cigarette you have every morning after breakfast.

- *Resolution: Eat healthy food. vs. Habit:* Start substituting that one daily morning pastry for a banana.

- *Resolution: Lose weight. vs. Habit:* Meditate for two or three minutes every morning after you wake up.

There are four important parts to making your resolution work for you.

1. *Pick only one New Year's resolution.* As Stanford's Prof. Shiv explained

with her "cognitive overload" experiment, sticking to more than one New Year's resolution is nearly impossible for your brain to handle. Instead, analyze everything you have thought about to change and pick the one thing that's most important to you.

2. *Take baby steps, make it a tiny habit.* Now that you've picked one resolution,

make sure to break it down, as far as you can, to the simplest task possible. If your resolution is "going to the gym," turn it into the tiniest habit possible that you can perform in under 60 seconds.

3. *Hold yourself accountable for what you want to change; tell others or write it down.* Letting people know what you are doing helps keep you accountable and they can lend support.

4. *Focus on the carrot, not the stick.* Positive feedback and rewards increase your odds of success. In other words, set your goal and make it an attainable goal by simplifying and turning the big goal into small, manageable steps. Each step becomes a mini-goal towards reaching the big goal.

After each successful attainment of the mini-goal, reward yourself and then move on to the next mini-goal. Before you know it you will have reached your big goal.

For more information, visit financialresourcecenter.org.

To a healthy, happy and prosperous new year!

Rosie Wentworth is Program Development Director for Financial Resource Center, located at 1309 11th St., Ste. 104 in Arcata.

Reversing childhood adversity fights crime

Anyone who reads, watches or listens to local news knows it seems to be dominated by crime. Specifically, there is a lot of property crime associated with drugs and addiction. There are also lots of motor vehicle accidents involving drivers impaired by drugs or alcohol, or both.

Many assaults have roots in drug deals gone bad or inhibitions loosened by substance abuse. Sexual assault frequently has an alcohol factor. It doesn't take a rocket scientist to figure out that addiction drives a lot of the conduct that lands people in jail.

The implementation of Proposition 47, passed by California voters in November, has decreased the Humboldt County jail population by about a third, since most drug-related crimes are now misdemeanors. Law enforcement may choose to book suspects, but they aren't held in jail until their court date, and some local departments skip the booking step, issuing a citation and court date on the spot. Opinions differ on whether that is a good thing or not.

The principles behind the change are pretty sound. The old method is expensive, it locks up minor criminals with professionals and most important of all, it doesn't work. Outgoing Humboldt District Attorney Paul Gallegos made that point emphatically in an interview with the *North Coast Journal*.

The old model just doesn't work, so even if it's not perfect, we need to give the new one a chance to work, because it's the best option available. The current snag is that while

the changes are already saving some money at both the local and state levels, that money is not yet being delivered to the second part of the new program – treatment. Detox and intensive treatment beds were already at a premium in

Humboldt County, and there are even fewer that are publicly funded.

It will take a long time to catch up with demand, and the mechanism isn't even in place yet.

Many people are convinced that in the meantime, crime will skyrocket from levels that are already very high. It's common to believe that addiction – and the crimes it can lead to – are simply a matter of bad character.

Modern thinking tends toward a more realistic understanding of addiction. It is now understood to often spring from people in unbearable physical or emotional pain self-medicating with the only substances they can find that dull that pain, even if only for a while. If it seems to you that we have more of those folks than some other places, you could be right.

A study of California adults that looked at data collected from four years revealed that Humboldt and Mendocino counties had the highest rates of adult residents with multiple adverse childhood experiences (ACEs) in the state. The two counties were combined for statistical purposes. The numbers were striking.

Three-quarters of adults in the counties had one or more ACEs, while the number state-wide was less than two-thirds. Almost one-third of locals had four or more ACEs, compared to slightly less than 17 percent statewide. This

isn't as simplistic as saying that adults in trouble had bad parents; it's about recognizing the catastrophic damage childhood traumas can lead to in adulthood.

The initial study on ACEs, conducted by Kaiser Permanente researchers in the 1980s, identified loss of parent by divorce or separation, emotional or physical neglect or abuse, sexual abuse, domestic violence, mental health issues in the household or an incarcerated family member as ACEs. The subjects of that study were mostly middle class and had comprehensive health insurance.

The results showed that there were significant correlations between one or more ACE and adult chronic physical and mental illness. The more ACEs, the more illnesses and the more serious they were. It was obvious that when bad things happen to children, the harm continues into adulthood.

It's easy to see that a lot of local adults could use some professional help to cope with the fallout from childhood trauma, but that's as rare in Humboldt as substance abuse treatment. Thousands of children are also currently suffering from ACEs, and there aren't enough mental health professionals to go around



for them, either. Agencies are beginning to at least try to identify the traumatized and try to prevent making things worse.

Actions communities can take to mitigate the effects of ACEs include supporting families in crisis, helping to stabilize housing and nutrition and connecting those families with long-term services. Developing strategies to increase the number of mental health professionals working in Humboldt County would be a huge help. Perhaps the community clinics could get grant funds to recruit more providers.

The more adults and children we help now, the fewer problems will blossom in the future. It turns out that the morally right thing to do is also the sensible and economically right thing to do. Some people hate it when that happens.

Elizabeth Alves is reminded of the oil filter ads that said car owners could pay now, or pay later. Comments and suggestions are welcome care of the Union or to myside-street@gmail.com.



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BACK TO SCHOOL

Get to know Mack High

MCKINLEYVILLE HIGH SCHOOL

McKINLEYVILLE – Opportunities and opportunities exist for students entering high school next fall at McKinleyville High School (MHS). Families are invited to learn more at this year's Registration and Parent Night on Thursday, Jan. 22 from 6 to 8 p.m. at MHS, 1300 Murray Rd. in McKinleyville.



BUDGING ARTISTS Patricia and Sabrina Macdonald create with stamps under the supervision of Hilary Holmes, MHS apprentice art teacher last year. A children's art corner will again be part of MHS' Registration and Parent Night Thursday, Jan. 22. SUBMITTED PHOTO

This informational evening for parents and guardians of prospective students will explore curricular shifts to Common Core and academic pathways to graduation including career tech pathways, fine arts emphasis, college preparatory, International Baccalaureate and more.

"McKinleyville High School is a small learn-

ing community that offers 'something for everyone,'" said MHS Principal Roger Macdonald. "Our staff takes the time to get to know their students and we have programs that challenge students of all abilities while supporting them along the way."

Registration Night begins with the ArMack Jazz Band and general session

Along with getting information on this new curriculum, parents and guardians will receive information on registering their children for fall classes and the campus options for the evening.

Student-led groups will guide visitors to a variety of 10-minute sessions exploring different pathways to graduation for their child. Attendees are also welcome to create their own informal tour.

A variety of rooms will be open across the campus, including but not limited to: the newly remodeled library, building trades, auto shop, wood and metal shops, photography and ceramics.

Families are invited; all faculty will be in attendance, light refreshments and door prizes will be provided and a children's activity area in the library and art rooms will be available for future Panthers to play while families explore the campus.

All parents and guardians are encouraged to end the evening in the Multi-purpose Room to meet academic counselors and department representatives, register for fall classes, receive information about clubs and athletics and pick up some complimentary Mack High gear.

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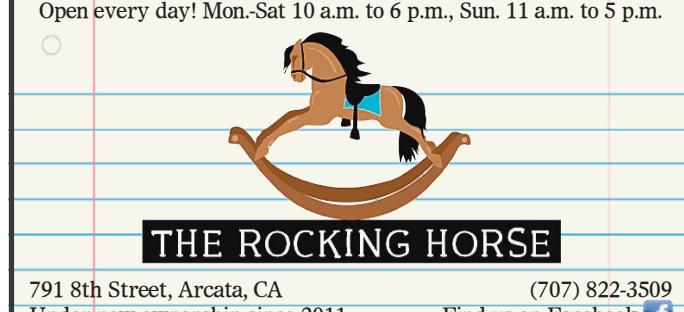
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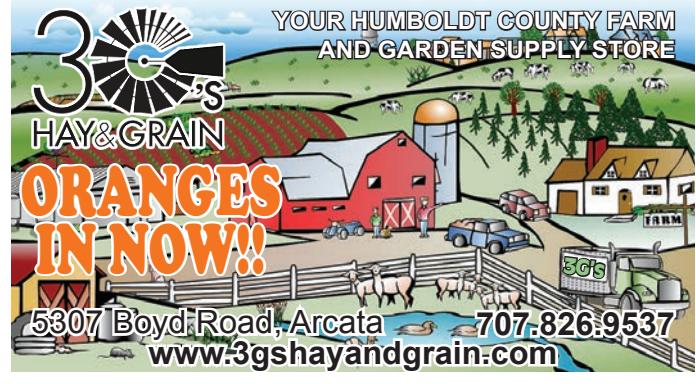
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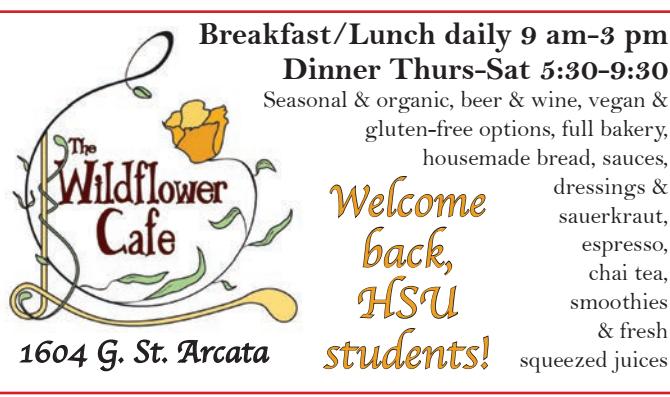
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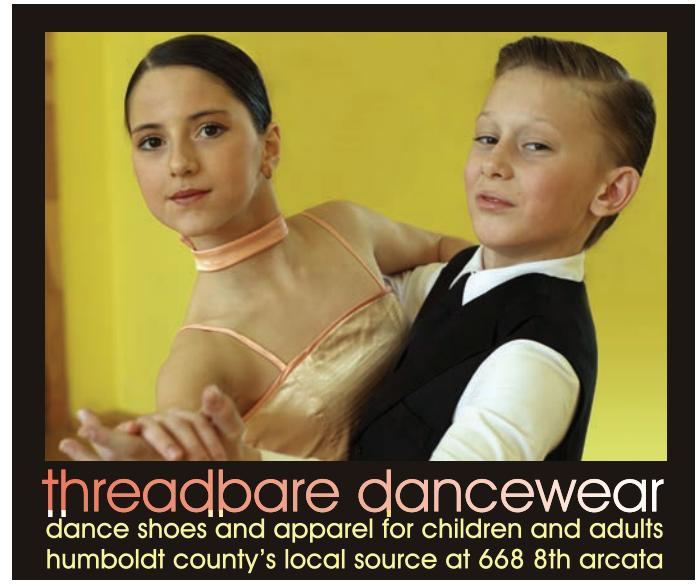


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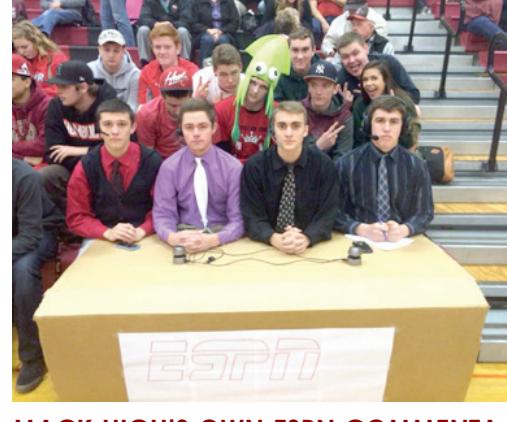


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Can you hear us? That's our roar

Happy Wednesday, Panther Community! Mack High has been taking a bit of a breather with our two-week Winter Break and studying another week for our semester final exams. It's been tough, but I'm confident that each student has worked hard to earn their success, just like always!

Speaking of success, Panthers are kicking off – or shall I say, shooting – their way through an amazing season! Our ladies' and boys' basketball teams are on fire. Our games have been so amazing that our very own ESPN Program has started with four special commentators. These dedicated spokesmen are all about the game and add to the already amazing crowd that sits on the Panther side of the gym.



MACK HIGH'S OWN ESPN COMMENTATORS Varsity basketball players Bernal Rojas, Trevor Garrison, Keegan Barsuglia and Ryann Bauman are all about the game.

SUBMITTED PHOTO

Mack High has never before been so spirited. With the recent creation of the Mack Pack, a spirit squad dedicated to representing Mack High loud and proud at all games and events, the school is booming in cheer so loud that all the schools in the Northern Humboldt School District can hear us! That's what we call a Panther Roar.

Gear up for Winter Formal

Excitement is building for this weekend as Winter Formal approaches. On Saturday, Jan. 24, A Night in Neverland will give students the chance to bring out their inner child and dance the night away, relieving all the stress from the previous week of finals. The junior class has worked hard to bring this dance together and I am just so excited thinking about it! Mack High's dances have always been so spectacular. If you have a student at Mack High, please remind them that tickets are being pre-sold at \$15 a piece during lunch on the quad and are \$25 at the door. The dance starts at 9 p.m. and will go until midnight.

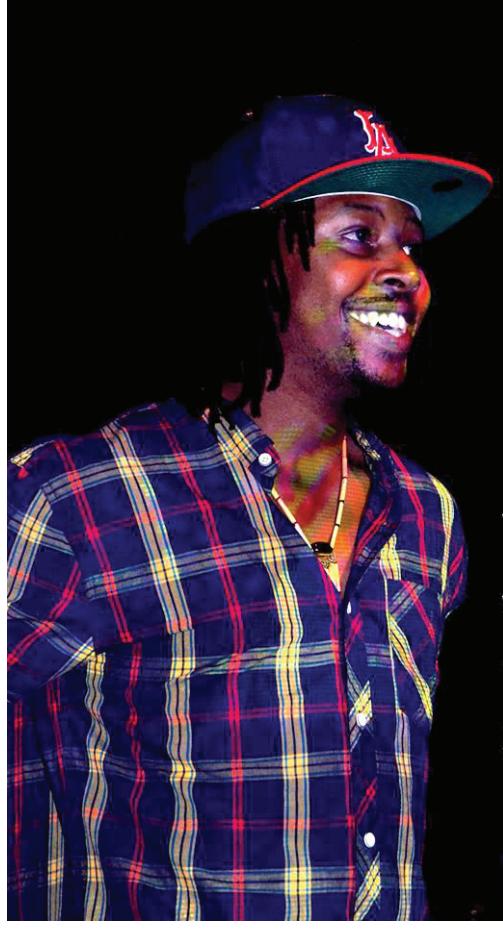
This year, Mack High is hosting the Dress Extravaganza, which provides free dresses to those who would like one for Winter Formal. The dresses, donated by generous students and parents, are in amazing condition. I've seen the dresses and they are totally cute! If your student is stressing about something to wear, send them to Mrs. Howard's room (403), to pick a dress to strut in that night! Thank you to Mari Myllyniemi for organizing this wonderful event.

Toiletries drive for troops abroad

Mack High's Interact Club is holding a toiletries drive sponsored by the local HumDogs organization. Toiletries of all kinds, such as toothbrushes, deodorant, shampoo and body wash, are being collected to send to troops abroad in the Air Force, who have very limited resources, including everyday toiletries. The collection period will be running for a few weeks. Please send your student to school with toiletries to donate to these troops through the Interact Club.

Have an amazing week, Panthers! Remember to continue to run this new year right!

MAD RIVER UNION



MOVER AND SHAKER C-Baker wants everyone to enjoy something.

PHOTO BY JAMES KEMP PHOTOGRAPHY

Tabitha Soden
MAD RIVER UNION

ARCATA — Music is not usually considered to be something that divides people, but Christopher Baker (C-Baker) noticed that people gravitate toward one genre. The idea that everyone should intermix is what inspired him to throw a series of music showcases called Something For Everyone.

The upcoming showcase will feature five different bands plus a DJ in genres ranging from samba to hip-hop. The all-ages show will be held at the Arcata Playhouse on Sunday, Jan. 25, starting at 6 p.m.

"It gives people who would never share the night together a chance to be connect-

❖ ALL AGES SHOW

LAYING IT DOWN LIVE

ed and meet people they wouldn't meet," Baker said.

He got the idea for the showcase back in 2011 and held the first one in July of that year. What used to be a monthly showcase now happens every other month.

Baker said he created the showcase because, "In the music scene around here, I never saw a showcase that has all these styles of music in one."

This month's showcase will feature music from Free Rain, Rich and Clay from Dubadubs, Dynasty One, Windstrong, Sambamore and DJ Noble Tobal.

Many of the showcases are held at The Jambalaya, but those exclude people under the age of 21. That is why Baker is excited about the upcoming show at the Arcata Playhouse. "It's all ages, so kids, moms, anyone who normally can't go out can come," Baker said.

Another special thing about this month's event is that Tim Cash of Far From Earth will be shooting video of the crowd, which will be used in Baker's new music video. The music video is for a song called "Dreams" which Baker said is about going after your dreams.

The Arcata Playhouse is located at 1251 Ninth St. in Arcata. Tickets for the show are \$10 per person and organic food and drinks will be available.

Baker warns that the show usually sells out so get there early or buy tickets in advance by visiting brownpapertickets.com.

Exploring Humboldt vineyards

This is the first in a series of three columns about Humboldt County wine grape growers and the vineyards they farm.

Grape grower and wine-maker Alan Estrada has come a long way since he began germinating thousands of palm tree seeds some 35 years ago.

He and his wife Sandy had aspirations of starting a palm tree nursery on their Dyerville Loop Road property, near Myers Flat, but it just didn't quite pan out. Ten years later, in 1992, Estrada had a chat with Joe Collins of Briceland Vineyards, who encouraged him to plant Pinot Noir. Provided the grapes were to his satisfaction, Collins promised to purchase the lion's share of Estrada's fruit.

"Sandy and I had discovered that we liked wine so that's how we got into it, but we had no idea what we were doing in the beginning of planting," Estrada said. "We were out there watering the vines with a hose, the deer were eating the young plantings and the birds were gobbling up the fruit. It was crazy."

Since 1992, Estrada has planted approximately nine acres of his hilly 20 acres with several different clones of Pinot Noir along with Cabernet Franc totaling 7,500 vines. Through trial and error, and just a lot of plain hard work, Elk Prairie Vineyard is



PAMELA LONG
❖ THE WINE DUMMY

Like a lot of winegrowers, Estrada sells the majority of his Pinot Noir crop to other winemakers and keeps a small percentage for his own commercial winery label. He sells his grapes to local wineries, including Briceland, Whitethorn and Cabot. Other enthusiastic buyers include a couple of Sonoma County wineries — renowned vintner Gary Farrell's Alysian Wines and Joseph Jewell Wines, whose winemaker, coincidentally, honed his craft at Gary Farrell Vineyards. In recent past, Woodenhead has also been a customer.

What makes Elk Prairie Pinot Noir so desirable? Several factors come into play, including being blessed with crappy soil, also known as red vine soil.

When it comes to growing premium grapes, there's a certain amount of stress elements required. Crumbly, nutrient-poor, mineral-rich, dry-farmed, shale-based soil encourages freakishly long root growth. Estrada surmises that his older vines have roots as long as 30 to 40 feet. To survive, the vines work hard to reach for moisture locked deep in the ground. Crappy dirt also ensures a smaller yield; fewer grapes means more concentrated flavors.

VINEYARD ❖ B3

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SCENE

SECTION B

JANUARY 21, 2015



HUMBOLDT STEELHEAD DAYS

BLUE LAKE — The Mad River Alliance and CalTrout present a two-week fishing extravaganza across the county. Humboldt Steelhead Days 2015 is the largest winter steelhead celebration on the North Coast.

The event will take place along the shores of the Mad River and Eel River from Saturday, Jan. 24 through Saturday, Feb. 7. This two-week family fun fishing event encourages the community to get out into the Mad and Eel rivers and hook a steelhead.

Contest categories include first fish of the day (each day), best fish photo, last fish in and many more daily winners. Registration automatically qualifies participants to win prizes.

Mad River fish catches can be verified at Mad River Tackle in Arcata, Pacific Outfitters and RMI Outdoors in Eureka.

Some of the top prizes include a guided drift boat trip with Kenny Priest of Fishing the North Coast (\$400 value), a steelhead rod and reel (\$250 value), a Kokatat personal flotation device (\$250 value), fishing gear, rods, reels and much more.

Proceeds of the event benefit the education and citizen monitoring programs of Mad River Alliance and California Trout.

For more Humboldt Steelhead Days information and events, visit the Mad River Alliance website at madriveralliance.org.

Mad River Family Day Fun Day

On Saturday, Jan. 24, Dell'Arte International presents Mad River Family Day Fun Day at the Blue Lake Business Park.

There will be free workshops for families who want to learn how to fish, led by local experts in the Dell'Arte studios at 101 Taylor Way, Blue Lake, from 1 to 4 p.m.

Other activities include local artist and organization booths, arts and crafts, entertainment, games and face painting. Registration for Humboldt Steelhead Days will also be available and the contest will begin for those registered to fish.

Across the parking lot at Mad River Brewing Co., Big Brothers Big Sisters present their "Great Chili Cook-Off," so Blue Lake will be bubbling with food, music, fishing and fantastic fun for the whole family.

Fish Tales II

Also on Saturday, Jan. 24 at 7:30 p.m. in the Carlo Theatre, Dell'Arte presents Fish Tales II, a family-friendly variety show featuring local string band Kingfoot and all things fishy.

Last year sold out, so get your tickets early! Expect original music, comedy and local storytellers.

Tickets are \$10 for adults, \$5 for kids 12 and under and free with Humboldt Steelhead Days registration. Space is limited, so reservations are highly recommended. Humboldt Steelhead Days registration does not guarantee a seat. Call the Dell'Arte Box Office to make reservations at (707) 668-5663 ext. 5.

Awards Dinner

The Awards Dinner takes place on Saturday, Feb. 7 at the Wharfinger Building in Eureka from 6 to 10 p.m. The dinner will be catered by Blackberry Bramble BBQ and tri-tip will be served along with local microbrews from Mad River Brewing Co. Prizes will be awarded throughout the evening's festivities.

Other Events

Other event activities include The International Fly Fishing Film Festival on Friday, Jan. 30 at 7 p.m. at the Arcata Theater Lounge.

A presentation on salmon and steelhead in the Eel River will be held at the Redwoods State Park Interpretive Center on the Avenue of Giants near Weott on Saturday, Jan. 31 at noon. On the same day at 5 p.m., a presentation on salmon and steelhead in the Eel River will be held at the Monday Club in Fortuna with fish tacos and a raffle.

The Friends of the Arcata Marsh will sponsor a talk called "Arcata Marsh — The History of a Salmonid Fish Hatchery" at the Arcata Marsh Interpretive Center, 569 South G St. in Arcata, on Friday, Feb. 6 at 6 p.m.

Register for Humboldt Steelhead Days at Mad River Tackle in Arcata, RMI Outdoors in Eureka, Pacific Outfitters, Grundmanns Sporting Goods in Rio Dell or mail a registration donation to Mad River Alliance at P.O. Box 1252, Blue Lake, CA 95525. Online registration is available at holdmyticket.com/event/189210.



DEAD FISH TELL NO TALES An octopus and lobster performing at last year's Fish Tales variety show.

PHOTO BY CAROL ECKSTEIN

scene@madriverunion.com

CALENDAR

Find expanded and updated listings
at madriverunion.com/events/

WEDNESDAY, JANUARY 21

❖ MUSIC

Aber Miller 6 p.m., Larrupin' Café, 1658 Patrick's Point Dr., Trinidad

Local Music Showcase 7 p.m., Blondies Food and Drink, 420 E. California Ave., Arcata

Song Circle 7:30 p.m., St. Alban's Episcopal Church, 1675 Chester Ave., Sunny Brae • Hosted by Seabury Gould, folk songs and other songs conducive to group singing are sung in an informal and fun setting. Admission is free. All ages are welcome.

The Ukulele Orchestra Of Great Britain 8 p.m., Van Duzer Theater, HSU, Arcata • See details at humboldt.edu/centerarts.

Blues Jam 8:30 p.m., Clam Beach Inn Digger Bar, 4611 Central Ave., McKinleyville

Portland Cello Project 9 p.m., Humboldt Brews, 856 10th St., Arcata • Bringing the cello to unexpected places; admission is \$10.

Whomp Whomp Wednesday 9:30 p.m., The Jambalaya, 915 H St., Arcata

Rude Lion Sound 10 p.m., Toby & Jack's, 764 Ninth St., Arcata

❖ DANCE

Salsa Night 9 p.m., Robert Goodman Wines, 937 I St., Arcata

❖ FILM

Sci Fi Pint and Pizza Night 9 p.m., Arcata Theater Lounge, 1036 G St., Arcata • Featuring The Giant Gila Monster (1959).

❖ OTHER
Pints for Non-Profits all day, Redwood Curtain Brewery, 550 South G St., Arcata • \$1 from each pint sold benefits Arcata Elementary Preschool.

Pints for Non-Profits all day, Mad River Brewing Co., 101 Taylor Way, Blue Lake • \$1 from each pint sold benefits Engineers without Borders.

Cribbage Tournament 7 p.m., Logger Bar, 510 Railroad Ave., Blue Lake • \$5

THURSDAY, JANUARY 22

❖ MUSIC

Joanne Rand 6 to 8:30 p.m., Mad River Brewing Co., 101 Taylor Way, Blue Lake • Psychedelic folk revival.

Open Mic 7 p.m., Blondies Food and Drink, 420 E. California Ave., Arcata

Claire Bent 7 p.m., Libation, 761 Eighth St., Arcata

Redwood Rock 8 p.m., Redwood Curtain Brewery, 550 South G St., Arcata • Original voodoo-space-doom-surf-and-turf trio featuring baritone and bass guitars, bongos and drums.

Open Mic with Jimi Jeff 8 p.m., Central Station, 1631 Central Ave., McKinleyville

Karaoke with KJ Leonard 8 p.m., WAVE Lounge at Blue Lake Casino, 777 Casino Way, Blue Lake

Jim Jeff Unplugged 9 p.m., Six Rivers Brewery, 1300 Central Ave., McKinleyville

Kindred Spirits 9 p.m., Clam Beach Inn Digger Bar, 4611 Central Ave., McKinleyville

Willie Watson 9 p.m., Humboldt Brews, 856 10th St., Arcata • \$15.

Roots and Culture Night 9 p.m., Robert Goodman Winery, 937 I St., Arcata

Karaoke with DJ Marv 9 p.m., Central

Station, 1631 Central Ave., McKinleyville

Rude Lion Sound 9:30 p.m., Sidelines, 732 Ninth St., Arcata

❖ DANCE

Blues Night 8 p.m., Redwood Raks, 824 L St., Arcata

FRIDAY, JANUARY 23

❖ MUSIC

Blue Lotus Jazz 5:30 p.m., Larrupin' Café, 1658 Patrick's Point Dr., Trinidad

Mad River Rose 6 p.m., Mad River Brewing Co., 101 Taylor Way, Blue Lake • Playing as part of the Steelhead Days kick-off event.

Open Mic 7 p.m., Northtown Coffee, 1603 G St., Arcata

Brian Post & Susie Laraine 7 p.m., Libation, 761 Eighth St., Arcata • Piano and sax jams.

Friday Night Music 7 to 9:30 p.m., Fieldbrook General Store, 4636 Fieldbrook Rd., Fieldbrook

Mythunderstandings 8 p.m., Arcata Playhouse, 1251 Ninth St., Arcata • Details on page B3.

Momix in Dream Catcher 8 p.m., Van Duzer Theater, HSU, Arcata • See details at humboldt.edu/centerarts.

Full Moon Fever 9 p.m., Blue Lake Casino, 777 Casino Way, Blue Lake • Tom Petty tribute band.

Jenni & David and The Sweet Band 9 p.m., Six Rivers Brewery, 1300 Central Ave., McKinleyville

The Roadmasters 9 p.m., Firewater Lounge at Cher-Ae Heights Casino, 27 Scenic Drive, Trinidad • Country.

Raising Grain 9 p.m., Logger Bar, 510 Railroad Ave., Blue Lake

Karaoke 9 p.m., Central Station, 1631 Central Ave., McKinleyville

No Good Redwood Ramblers 9:30 p.m., Humboldt Brews, 856 10th St., Arcata • \$5

Rude Lion Sound 9:30 p.m., Toby & Jack's, 764 Ninth St., Arcata

DJs 10 p.m., Sidelines, 732 Ninth St., Arcata

P.R.O.B.L.E.M.S. and The Mother Vines 11 p.m., The Alibi, 744 9th St., Arcata • Punk rock and roll from Portland and psychedelic surf-punk; \$5.

❖ FILM
The Hunger Games: Catching Fire (2013) 8 p.m., Arcata Theater Lounge, 1036 G St., Arcata

SATURDAY, JANUARY 24

❖ MUSIC

Baron Wolfe and Steve Smith 7 p.m., Libation, 761 Eighth St., Arcata

Pianist Sang Woo Kang 8 p.m., Fulker-Son Recital Hall, HSU, Arcata • Part of the Guest Artist Series produced by the HSU Music Department.

Good and Evil Twins Karaoke 8 p.m., Silver Lining, California Redwood Coast Humboldt County Airport, McKinleyville

Wild Otis 8 p.m., Redwood Curtain Brewery, 550 South G St., Arcata

Mythunderstandings 8 p.m., Arcata Playhouse, 1251 Ninth St., Arcata • Details on page B3.

PC's B-Day Jam With The Getdown Crew 9 p.m., The Jambalaya, 915 H St., Arcata

Don's Neighbors 9 p.m., Six Rivers Brew-

ery, 1300 Central Ave., McKinleyville

Nighthawk 9 p.m., WAVE Lounge at Blue Lake Casino, 777 Casino Way, Blue Lake • Dance hits.

Tripwire 9 p.m., Firewater Lounge at Cher-Ae Heights Casino, 27 Scenic Drive, Trinidad • Rock n' tonk.

Strix Vega 9 p.m., Logger Bar, 510 Railroad Ave., Blue Lake

Stu Allen and Mars Hotel 9:30 p.m., Humboldt Brews, 856 10th St., Arcata • A Grateful Dead tribute band based out of San Francisco; \$10.

DJs 10 p.m., Toby & Jack's, 764 Ninth St., Arcata

DJs 10 p.m., Sidelines, 732 Ninth St., Arcata

Lord Ellis and Electric Chair Repair Co. 11 p.m., The Alibi, 744 9th St., Arcata • A night of Humboldt heavy rock and noise rock from Oakland; \$5.

❖ COMEDY

Random Acts of Comedy 9 p.m., Arcata Theater Lounge, 1036 G St., Arcata • Improv comedy showcase. \$6

❖ THEATRE

Fish Tales II 1:30 and 6:30 p.m., Carlo

Theater at Dell'Arte, 131 H St., Blue Lake • Details on page B1.

❖ OTHER

Arcata Winter Farmers' Market 10 a.m. to 2 p.m., Arcata Plaza, Arcata

Book Sale 10 to 4 p.m., Arcata Library, 500 Seventh St., Arcata • Join the Friends of the Arcata Library for their winter book sale. Cozy up with new-to-you literary fiction, romance, fantasy and mysteries, cookbooks, YA novels, picture books and nonfiction of all sorts! All proceeds go to support the Arcata Library and its programming, including Saturday music events, new books, comfy furniture and more.

Mad River Family Fun Day 1 to 4 p.m., Dell'Arte Studios, 101 Taylor Way, Blue Lake • Details on page B1.

Fourth Annual Chili Cook-Off 2 to 5 p.m., Mad River Brewing Co., 101 Taylor Way, Blue Lake • Featuring music by Cadillac Ranch.

SUNDAY, JANUARY 25

❖ MUSIC

Bayside Grange Music Project 5 to 9 p.m., Bayside Grange Hall, 2297 Jacoby Creek Rd., Bayside

Something for Everyone 6 p.m., Arcata Playhouse, 1251 Ninth St., Arcata • Details on page B1.

Piano Jazz 6 to 9 p.m., Larrupin' Café, 1658 Patrick's Point Dr., Trinidad

Open Mic 7 p.m., Mosgo's, 180 Westwood Center, Arcata

Jazz Night 7 p.m., Blondies Food and Drink, 420 E. California Ave., Arcata

G. Love and Special Sauce 8 p.m., Van Duzer Theater, HSU, Arcata • See details at humboldt.edu/centerarts.

Karaoke with KJ Leonard 8 p.m., WAVE Lounge at Blue Lake Casino, 777 Casino Way, Blue Lake

Karaoke with Chris Clay 8 p.m., Firewater Lounge at Cher-Ae Heights Casino, 27 Scenic Dr., Trinidad

Sundaze with Deep Groove Society 9 p.m., Jambalaya, 915 H St., Arcata

❖ DANCE

Rueda de Casino (Cuban Salsa) 7 p.m., Redwood Raks, 824 L St., Arcata

❖ FILM

Frozen (2013) 9 p.m., Arcata Theater Lounge, 1036 G St., Arcata

❖ OTHER

Breakfast in Bayside 8 a.m. to noon, Bayside Grange, 2297 Jacoby Creek Rd., Bayside

• This gourmet breakfast features sourdough multi-grain pancakes, chicken apple sausage, scrambled eggs, scrambled tofu, yogurt, fruit of the season, Sacred Grounds organic coffee, teas, milk, orange juice, hot chocolate and Mad River Farm jams and local sauces. This healthy breakfast fare combines with live music, and lively conversation for an entertaining morning.

Trinidad Lions Club Breakfast 8 to 11 a.m., Trinidad School Gym, 300 Trinity St., Trinidad

• Details on page B4.

Potluck 6 p.m., Logger Bar, 510 Railroad Ave., Blue Lake • Share a dish with friends old and new.

MONDAY, JANUARY 26

❖ MUSIC

Anemones of the State 5 p.m., Sushi Spot, 1552 City Center Rd., McKinleyville

Cleopatra Degher 6 to 8:30 p.m., Mad River Brewing Co., 101 Taylor Way, Blue Lake • Psychedelic folk revival.

Open Bluegrass Jam 6 p.m., Redwood Curtain Brewery, 550 South G St., Arcata

Buddy Reed 7 p.m., Crush, 1101 H St., Arcata

Karaoke with DJ Marv 8 p.m., Six Rivers Brewery, 1300 Central Ave., McKinleyville

New Mastersounds 9 p.m., Humboldt Brews, 856 10th St., Arcata • A modern take on vintage soul-jazz, funk and rock; \$20.

Rude Lion Monday 9:30 p.m., Ocean Grove Cocktail Lounge, 480 Patrick's Point Dr., Trinidad

The Getdown 10 p.m., The Jambalaya, 915 H St., Arcata • Featuring music by White Manna, Joy and DJ Shattered Space; \$5.

❖ DANCE

Swing Dance Night 7 p.m., Redwood Raks, 824 L St., Arcata

❖ OTHER

Free Pool all day, Logger Bar, 510 Railroad Ave., Blue Lake

Quiz Night 7 p.m., Blondies Food and Drink, 420 E. California Ave., Arcata

TUESDAY, JANUARY 27

❖ MUSIC

Buddy Reed 7 p.m., Libation, 761 Eighth St., Arcata

Karaoke with Chris Clay 8 p.m., Firewater Lounge at Cher-Ae Heights Casino, 27 Scenic Dr., Trinidad

Good and Evil Twins Karaoke 8 p.m., Silver Lining, California Redwood Coast-Humboldt County Airport, McKinleyville.

❖ OTHER

SCENE



MYTHUNDERSTANDINGS

BRASS N' SAX Members of The Tiptons perform.

SUBMITTED PHOTO

ARCATA PLAYHOUSE
CREAMERY DISTRICT — *Mythunderstandings* is a collaborative performance coming to the Arcata Playhouse on Friday and Saturday, Jan. 23 and 24 at 8 p.m. The performance explores the common threads of our individual experiences and the myths we tell ourselves and each other to make sense of them. How do people deal with fate, superstition, love, death and other facets of the human experience?

The heart of this audio and visual feast is centered around personal stories recorded from a diverse range of people — including a hoarder, a refugee, an adoptee, a bank teller, several grandmothers and a northwest Salish tribe member, whose tales are woven together into a provocative tapestry presented with humor and pathos.

The show features an award-winning creative team: filmmaker Adam Sekuler and director Lisa Halpern and the Tiptons Sax Quartet collaborating with Coastal Salish storyteller and musician Paul "Che oke ten" Wagner.

The Tiptons are an all-female saxophone quartet plus drums. Based in New York City and Seattle, the Tiptons perform international concerts that cover musical territory from New Orleans "second line" to free jazz, Afro-Cuban to Balkan, klezmer, funk and beyond. Simply put, they create some of the wildest sounds ever to come out of a sax quartet.

"People from all walks of life come to our concerts," said Amy Denio, who plays alto sax and clarinet with the group. "Like blue-haired grandmothers next to blue-haired punks, and an instantaneous community is created at each concert. We have taken the free spirit of jazz and are running with it."

Tickets are \$18/\$15 students, Playhouse and Redwood Jazz Alliance members and are available at Wildberries Marketplace, by calling (707) 822-1575 or at arcataplayhouse.org.

Arcata Playhouse is located at 1251 Ninth St. in the Old Creamery building in the Creamery District of Arcata.



SUNNY SETTING A view of Elk Prairie Vineyard.

PHOTOS BY PAMELA LONG

Vineyard | Local wine hub

FROM B1

Then there's location. With high elevation and Eel River proximity, the area mimics cool coastal conditions. Elk Prairie Vineyard gets enough sun and warmth for proper ripeness complemented by consistently cool nights and mornings, key to producing high-quality Pinot Noir.

Then there are the proprietors. Hanging out with Alan and Sandy Estrada was easy. Zero pretension as they generously shared their stories and graciously answered a battery of questions. I even got treated to a couple of barrel samples in their cellar.

I look forward to visiting again to sit on the deck sipping delicious Pinots while taking in the expansive views. I also have to get the whole story from Alan about the time, many moons ago, when he was vis-

iting the San Diego Zoo and "borrowed" a few hundred seeds from a particular group of palm trees he wanted to cultivate for his palm tree business.

Sometimes we don't realize how much the past is represented in the now. There's a stately row of thriving Mexican Fan Palms that lead the way to the tasting room. It made me realize that whatever the Estradas farmed, palms or Pinot, they would have a following.

Pam Long is a Eureka resident who worked in the Sonoma County wine industry for the past decade. She is currently working on achieving her Master of Wine diploma. You can find her weekly wine blog at thewinedummy.wordpress.com.



THE BEST OF LIFE Alan Estrada standing in his vineyard.

SING YOUR HEART OUT The new season of the McKinleyville Community Choir begins Tuesday, Jan. 27 at 6:30 p.m. at Grace Good Shepherd, 1450 Hiller Rd., in McKinleyville. Anyone interested in the opportunity to sing a delightful variety of songs with a group of experienced and novice singers is invited to join in. There are no try-outs. There is a \$50 fee, but there are scholarships and a sliding scale. The group meets every Tuesday from 6:30 to 8:30 preparing for a number of performances presented throughout North Coast communities during the coming

spring season. There are also opportunities for musicians to accompany the group for particular songs. Call Director Robert Keiber with any questions at (707) 822-7575 or Choir Manager Jean Browning at (707) 839-2276. This invitation is extended not only to interested adults, but also to high school students in the various North Coast communities who want a choral learning opportunity. Young or mature, come and enjoy the camaraderie of a group committed to improving their musical knowledge and skills by making wonderful music together.



SCHOOL OF THE AMERIKAS This screenprint, made in 2000 by Xico Gonzalez, can currently be seen at HSU's First Street Gallery, 422 First St., Eureka. It is part of an exhibit of prints and posters from the 1970s and '80s by the Royal Chicano Air Force, a Sacramento-based art collective.

FURNITURE ON THE PLAZA

I don't regret the things I've done, I regret the things I didn't do when I had the chance.

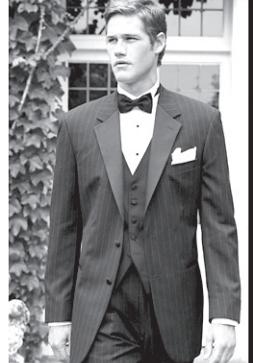
Anonymous

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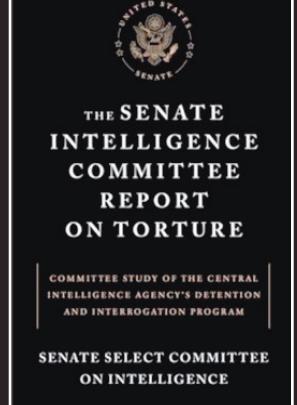
1590 Myrtle Avenue, Eureka
(707) 442-5915

The Senate Intelligence Committee Report on Torture

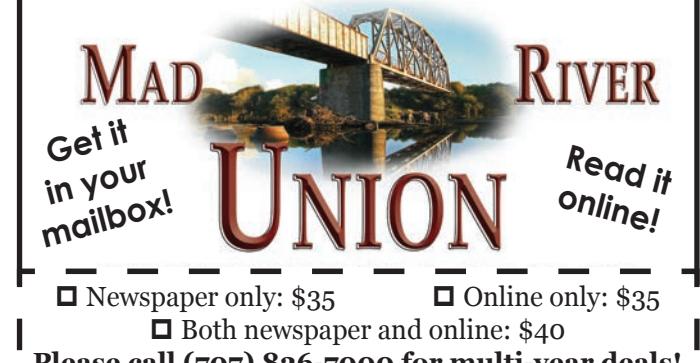
The report discusses the controversial

interrogation tactics used by the CIA on detainees

between 2001 and 2006.



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COOKIE COLLEGE

SWEET SCHOOLING On Jan. 11, the Arcata Veterans Hall was the scene of the annual Girl Scout Cookie College for local troops from McKinleyville, Arcata and Willow Creek. Girl Scouts of all ages got to taste the new Rah Rah Raisin cookie along with favorites Thin Mints, Tag-a-longs, and Trefoils and celebrated the 40th birthday of the Samoa cookie. Right, Troop Leader and Redwood Service Unit Treasurer Jeannette Upton welcomes over 70 local Girl Scouts. High school aged Girl Scouts, left, gathered earlier in the day for a program on building resumes and recognizing their leadership skills. The older girls then stayed to help set up, run and clean up after the event.

PHOTOS COURTESY CHERYL KINGHAM



Sage, Mystery & Thyme

Three friendly felines have been at Companion Animal Foundation for several months now and are still looking for a special home. These kittens tested positive for feline leukemia/AIDS (FeLV/FIV) though none have shown signs of illness.

They need an indoor home where they will be the only feline around, as the condition is contagious to other cats, though not to humans. Though there is no way of knowing how long they will live, many FeLV/FIV positive kitties live long, happy lives.

Sage is a beautiful female tortoiseshell who loves to snuggle and play with Sage, a friendly grey tabby male. Mystery is a female with a luxurious black medium hair coat and a tiny white spot on her belly. All three are around seven months old. Visit them from 10 a.m. to 4 p.m. at the thrift store at 88 Sunny Brae Center.

All of the rescues at CAF are fixed and up-to-date on routine vaccinations prior to adoption. For more information on adopting, please email cafanimals@gmail.com, visit cafanimals.org or call (707) 826-PETS (7387).



OCTAVIA STREMPEL

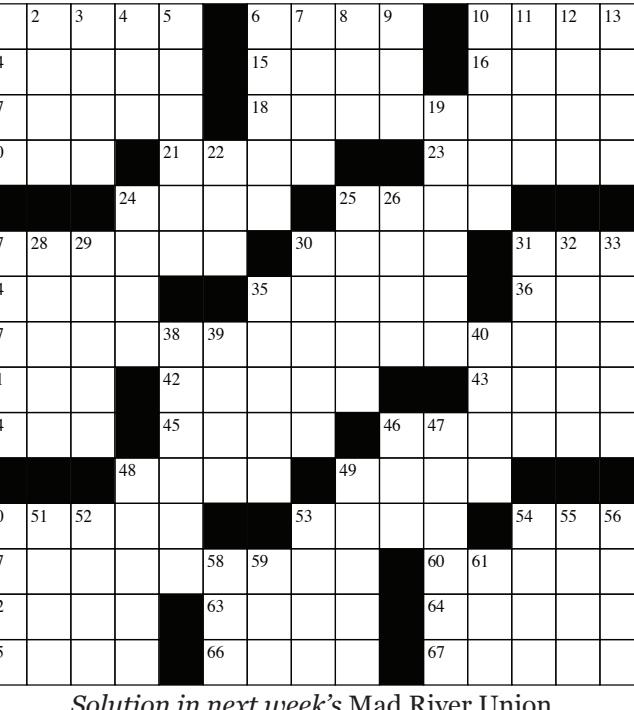
COMPANION ANIMALS



CROSSWORD

ACROSS

- Narratives
- Study at the 11th hour
- Men's nicknames
- Zee's counterpart
- Dance at a Bar Mitzvah
- Horse color
- Hall cabinet contents
- Deserving of praise
- WWII general
- Eat
- White poplar
- Covenant
- Citi Field athletes
- Prisoner's hope
- Girl's nickname
- White House resident from 1861 to 1865
- Indigo dye
- Obi fabric, often
- Spanish article
- Unfaithful rascal
- Large cask
- Elders and alders
- End in __; have no winner
- PC key
- Listen
- Put one's arms around
- Writer's table
- Think deeply
- Tijuana title
- Joints closest to the waist
- Jungle denizen
- Type of music
- Put a stop to
- "I cannot tell __!"
- Aye or nay
- Della __
- Tormé and Tillis
- Observer
- Part of a wood joint



Solution in next week's Mad River Union

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Start carbo-loading now for the Run

The 50th Annual Trinidad to Clam Beach Run Honoring Ford Hess is set for Saturday, Jan. 31.

The 8 3/4-mile and 3-mile races begin at noon about two miles north of Trinidad near Larrupin' Cafe on Patrick's Point Drive.

The 5 3/4-mile run commences at 1 p.m. near Trinidad Library and Museum at Patrick's Point Drive and Janis Court.

The 8 3/4- and 5 3/4-mile runs end near Strawberry Creek on Clam Beach with a highlight of the race being crossing Little River at Moonstone Beach.

The 3-mile run ends on Trinity Street near the Memorial Lighthouse.

No dogs, bicycles, baby strollers or headsets are permitted in any of the races. Children under 12 must be accompanied by an adult at all times.

The run takes place rain or shine, so be prepared as no changing space is available. However, chemical toilets are available at the run's start and finish.

There is a bonfire, water and some fruit available for runners at the end of the run.

In-person registration and pre-registration packet pick-up are scheduled for Friday, Jan. 30 from 4 to 7 p.m. at the Red Lion Inn in Eureka.

On race day, registration is from 9:30 to 11:15 a.m. at Trinidad Town Hall. Registration will close promptly at 11:15 a.m. on race day so the run can start on time.

Packet pickup for pre-registered

runners for the 5 3/4-mile only is available through 12:30 p.m. Registration is \$35 per runner on Jan. 30 and 31.

Pre-registration at \$30 per runner is encouraged. There is a \$25 per runner family or team rate prior to Jan. 30. Registration fee includes a beautifully designed T-shirt by local artist Matt Beard, whose work is on view at the Trinidad School office.

Proceeds from the run are applied to college scholarships given annually by the Greater Trinidad Chamber of Commerce, reports Race Director Dori Fulk.

Buses will transport runners from Town Hall to the starting lines. As well, buses will transport runners back to Town Hall from the finish line until 4 p.m.

Distinctive awards celebrating the 50th anniversary will be given to runners in all divisions at Trinidad School, where results will be posted. The results will also be available online at racecenter.com and trinidadtoidclambeach.com.

The late Ford Hess, HSU track coach, started the run 50 years ago to train cross-country runners. His legacy lives on; many local track teams take part in the most scenic race in the country.

Spaghetti feed Jan. 30

Athletes of all levels of fitness can prepare for the race by dining on spaghetti with meat or vegetarian sauce on Friday, Jan. 30 from 5:30 to 7:15 p.m. at the Trinidad School gym.

The menu includes salad, bread

and dessert. Dinner will be served by sixth grade class members eager to raise money for their annual spring trip.

Support students and dine heartily the evening before race day while discussing winning work-out regimes. All the community is invited.

Lions Club breakfast Jan. 25

Trinidad Lions Club members resume their monthly pancake breakfast Sunday, Jan. 25 from 8 to 11 a.m. in the Trinidad School gym. Diners choose between full breakfasts of pancakes, eggs and ham or sausage, or biscuits and gravy with eggs. Coffee, tea and juice are included in the \$6 price. Kids eat for \$3.

Hundreds of hardback and paperback books, including children's books, will also be available for 25¢ to 50¢. Donations of paperback novels are always accepted.

Proceeds from Lions breakfasts, which take place the last Sunday of each month, benefit local school programs and other community projects.

Big Lagoon School museum visit

All Big Lagoon School classes, about 35 students in kindergarten through eighth grade, visited Trinidad Museum and the Native Plant Garden last week after hearing story-telling programs at Trinidad School.

Outside, the students were particularly intrigued with the garden pond, where red-legged frogs are in abundance. Inside, they learned about the redwood canoe, the Ericson printing press, the lighthouse, dip-net fishing, whale bones and agates.

Email Patti at baycity@sonic.net.

Through love all that is Copper will be gold

When people hear that I volunteer at the animal shelter, one of the first things they say is "Don't they have a lot of Pit Bulls up there?" Well, yes, that is true. Humboldt County has a lot of Pit Bull Terriers and the shelter dogs are a reflection of that.

Where other local organizations may choose which dogs to take in, the shelter cannot. However, all animals that are not picked up ("redeemed") by their owners are temperament-tested before being made available for adoption. Most dogs that come to the shelter are good, friendly animals and the rare ones that are not have been dogs from an assortment of breeds.

Those of us who believe that Pit Bulls and Pit mixes can be wonderful pets are very aware of the bad press these dogs have had. That makes us very dedicated to making sure that the dogs we promote will be good ambassadors for the breed, not fuel for the Pit Bull fire. We recommend that potential adopters consider each dog individually to see how it matches the lifestyle of the adopter in terms of energy level, other pack members and general personality.

Copper is a 3-year-old Pit Bull Terrier. He is a gorgeous dog with a beautiful reddish-brown coat. He is a very friendly dog that would love a chance at life outside of a kennel, having been at the shelter since last July.



Copper

Copper is a great fetcher and enjoys playing ball. He is a little cross-eyed, which gives him an endearing quizzical look, but he has no trouble tracking down his tennis ball! He happily gives the balls up to be thrown again.

Copper has not had a lot of training, but is very eager to please. He likes most treats and is willing to learn if there are goodies to earn! Copper is a big strong boy but has responded well to leash training and would undoubtedly continue to improve with more opportunities to practice.

He spent a month in quiet confinement while being treated for heartworm. His neighbor during that time was a female dog, Parsley, and he always stops at her kennel to give her a little friendly hello.

Copper is neutered, micro-chipped and current on vaccinations. He is also eligible for a discounted adoption rate this month. Come meet this handsome fellow at the Humboldt County Animal Shelter at 980 Lycoming Ave. in McKinleyville. And yes, there are other breeds available there also! More information is at (707) 840-9132.

Jake is a new addition to the Redwood Pals pack. He is a young adult Border Collie/Labrador cross, maybe a year and a half old. Jake is very dog- and people-friendly. Volunteers describe him as having a "happy, go-lucky spirit."

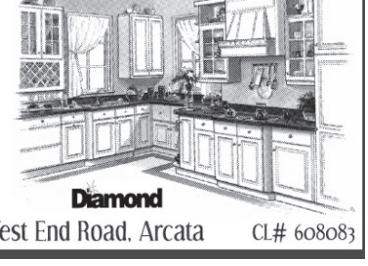
Jake has not had a lot of experience on the leash but seems ready to learn. This happy dog loves to play ball and stretch his legs in the play yard. We would love to find a foster or adoptive home for Jake where he can continue his training. Redwood Pals will cover the cost of his weekly training class for his foster family as well as providing a private session with our trainer to help him settle in and make a good training plan for him. We are hopeful that someone will want to help shape this big, sweet boy into a wonderful family pet.

To meet Jake or inquire about fostering, contact us at (707) 839-9692 or email redwoodpalsrescue@gmail.com.

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Births

Mad River Community Hospital announces these recent arrivals to our community

Arriaga, Ryler Lee-Ray, Dec. 25, 2014, to Misty Kiggins
 Stark, Peter, Dec. 29, 2014, to Patricia and Eric Stark
 Niday, Nora Briar, Dec. 30, 2014, to Katie and Bret Niday
 Shultz, Marcus Dean, Dec. 30, 2014, to Sheree Pike Flanagan and John Shultz
 Dobie, Imogen Moana, Dec. 31, 2014, to Caitlin and Matthew Dobie
 Stewart, Benjamin Alvin, Dec. 31, 2014, to Tiffany Lehto and Gerald Stewart Jr.
 Fauser, Victor Steven, Jan. 2, 2015, to Lela Ruderman and Peter Fauser
 Felix Silva, Francisco Jose, Jan. 2, 2015, to Irma Silva Mendoza and Jose Felix Aispuro
 Fisher, Jessalin Melinda, Jan. 2, 2015, to Natasha and Brandon Fisher
 Box, Brooklyn Taylor, Jan. 7, 2015, to Sierra Carter and Cody Box

Humboldt County Vital Records at the Public Health Dept. announces these recent departures from our community

Deaths

James Jr., Leonard Donald, May 3, 1950 – Dec. 23, 2014, of Hoopa
 Dean Jr., Omar Marcus, Aug. 21, 1930 – Dec. 24, 2014, of Hoopa
 James, Patricia Lee, April 8, 1940 – Dec. 24, 2014, of McKinleyville
 Tonkin, Arthur Kummer, Nov. 28, 1915 – Dec. 24, 2014, of Willow Creek
 Bates, Arthur Lee, Sept. 26, 1958 – Dec. 26, 2014, of Klamath
 Kersey, James Albert Wendell, Feb. 7, 1936 – Dec. 26, 2014, of McKinleyville
 Maloney, Mary Martha, Feb. 13, 1941 – Dec. 27, 2014, of Blue Lake
 Alves, Dorothy Joan, Sept. 4, 1938 – Dec. 28, 2014, of McKinleyville
 Skinner, Jessie Arlene, Aug. 16, 1933 – Dec. 28, 2014, of Willow Creek
 Creek, Lillian Louise, May 8, 1925 – Dec. 29, 2014, of Arcata
 Faull, Tia Marietta, Jan. 14, 1947 – Dec. 29, 2014, of Arcata
 Lewis Jr., Gaylord Wayne, May 6, 1971 – Dec. 29, 2014, of Weitchpec
 Davis, Jeanne Ann, March 20, 1963 – Jan. 2, 2015, of McKinleyville
 Robinson, Carol Sue, Dec. 24, 1942 – Jan. 2, 2015, of Klamath
 Hashem, Thomas Eugene, Aug. 17, 1934 – Jan. 3, 2015, of McKinleyville

Taxapalooza takes the sting out of tax time

REDWOOD COMMUNITY ACTION AGENCY

HUMBOLDT – Get your income taxes prepared free of charge at the annual Taxapalooza event, Saturday, Jan. 31 from 1 to 5 p.m.

In honor of Earned Income Credit Awareness Day, the Volunteer Income Tax Assistance Program (VITA) Earn It! Keep It! Save It! (EKS) is once again sponsoring this event. VITA/EKS, served 590 individuals and families in Del Norte and Humboldt counties in 2013, bringing in more than \$690,000 in tax refunds and credits.

Taxapalooza will be held at College of the Redwoods in the Humanities Building, room 204. To qualify for free tax help, your household income must have been \$53,000 or less in 2014. IRS-certified tax preparers will be on hand to determine your eligibility for the Earned Income Tax Credit, Child Tax Credit and Child/Dependent Care Expense Credit.

Resource coaches will be available to assist those interested in learning about consumer-friendly banking options, direct de-

posit cards, savings incentives, strategies for reducing debt, health insurance and more.

To take advantage of this opportunity you must bring the appropriate documents:

- State or federally issued photo ID (spouse must be present for married-filing joint returns);
- Social Security card for every person on the return;
- Dates of birth for every person on the return;
- Documentation of all income;
- Routing and bank account number for direct deposit;
- Copy of last year's return;
- Rent information and
- Child and dependent care expense info.

No appointment is necessary. Se habla español.

Taxapalooza is sponsored by 2-1-1 Humboldt/Humboldt Community Access and Resource Centers, Redwood Community Action Agency and United Way of the Wine County. For more information dial 2-1-1 or call 707-441-1001.

Resource coaches will be available to assist those interested in learning about consumer-friendly banking options, direct de-

Classifieds

oh, around 20 words

\$10

CROSSWORD SOLUTION

P	A	L	E	S	E	N	E	M	A	D	M
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R	A	T	S	T	U	D	S	S	I	D	E

Answers to last week's crossword

NURSE'S AIDE

30-35 hrs/wk.
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 App./job desc. may be picked up at Adult Day Health Care of Mad River (directly behind Mad River Hospital).
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 adhc@madriverhospital.com

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Neighborhood Garage Sale. Fri. and Sat 9-3 on the corner of Merganser St. and Bluestone! Look for signs... Great buys in McKinleyville

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FICTITIOUS BUSINESS NAME STATEMENT

14-00688

The following person(s) is (are) doing business as:

THE TRASH GUYS
 202 THOMAS RD.

MIRANDA, CA 95533

This business is conducted by: An Individual

S/MILES MURZI, OWNER

This statement was filed with the Humboldt County Clerk on DEC. 2, 2014

C. CRNICH

A. ABRAM DEPUTY

12/31, 1/7, 1/14, 1/21, 1/21

FICTITIOUS BUSINESS NAME STATEMENT

14-00732

The following person(s) is (are) doing business as:

DAY'S INN & SUITES

ARCATA

4701 VALLEY WEST BLVD.

ARCATA, CA 95521

JAI JALARAM BAPA

INVESTMENT LLC

201213910367

4701 VALLEY WEST BLVD.

ARCATA, CA 95521

This business is conducted by: A Limited Liability Company

S/PRITESH PATEL, CEO

This statement was filed with the Humboldt County Clerk on DEC. 18, 2014

C. CRNICH

Z. HALMAN DEPUTY

1/7, 1/14, 1/21, 1/21

FICTITIOUS BUSINESS NAME STATEMENT

14-0076

The following person(s) is (are) doing business as:

CORETRONICS

1485 SANDSTONE

MCKINLEYVILLE, CA 95519

The following person(s) is (are) doing business as:

GENE'S

1485 SANDSTONE

MCKINLEYVILLE, CA 95519

The following person(s) is (are) doing business as:

GENE'S

1485 SANDSTONE

MCKINLEYVILLE, CA 95519

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GENE'S

1485 SANDSTONE

MCKINLEYVILLE, CA 95519

The following person(s) is (are) doing business as:

GENE'S

1485 SANDSTONE

MCKINLEYVILLE, CA 95519

AUDUBON MARSH BIRDING Join Redwood Region Audubon Society on a free public field trip at the Arcata Marsh and Wildlife Sanctuary on Saturday, Jan. 24. Bring your binoculars and have a great morning birding! Meet leader Samantha Bacon in the parking lot at the end of South I Street (Klopp Lake) in Arcata at 8:30 a.m., rain or shine. Trip ends around 11 a.m.

SUNNY BRAE TRACT WORKDAY

The City of Arcata's Environmental Services Department and the Humboldt Trails Council's Volunteer Trail Stewards invite you to a volunteer work day in the Sunny Brae Tract of the Arcata Community Forest on Saturday, Jan. 24 from 9 a.m. to 1 p.m. Volunteers will meet at 9 a.m. at the Margaret Lane trailhead concrete steps, which are up from the corner of Margaret and Buttermilk lanes. Participants will pave the way for trail construction by clearing brush, transplanting ferns, scraping duff and moving larger tree limb segments in the trail corridor. Please be sure to wear a long sleeve shirt, work pants and boots and bring rain gear and water. Gloves, tools, snacks and beverages will be provided. (707) 825-2163, eservices@cityofarcata.org

DUNE RESTORATION Help Friends of the Dunes restore the U.S. Fish and Wildlife Services Ma-le'l Dunes Unit by removing invasive

plants on Saturday, Jan. 24 from 9:30 a.m. to 12:30 p.m. Gloves, tools and cookies are provided. Please wear closed-toed shoes and bring drinking water. Meet at the Ma-le'l North parking lot off Young Lane in Manila. (707) 444-1397

FOAM MARSH TOUR Friends of the Arcata Marsh (FOAM) sponsors a free tour of the Arcata Marsh & Wildlife Sanctuary on Saturday, Jan. 24 at 2 p.m. Meet leader Leslie Anderson at the Interpretive Center on South G Street for a 90-minute walk focusing on the birds, plants, and ecology of the Marsh. Loafer binoculars available with photo ID. (707) 826-2359

SLOW-SPEED MARSH TOUR On Tuesday, Jan. 27, at 2 p.m., Friends of the Arcata Marsh sponsors a free tour for those who love the Marsh and want to enjoy seeing it at a slower pace than regular Saturday tours. The tour lasts 45 to 60 minutes across even, level ground and is suitable to attendees of all ages who want to learn and like camaraderie. Meet at the first parking lot on South I Street in front Samoa Boulevard. This tour is held the last Tuesday of each month. Call leader Jane Wilson at (707) 822-3475 with any questions.

GARDENING WORKSHOP Redwood Acres presents free gardening workshops on Saturday, Jan. 24 from 11 a.m. to 2 p.m. at the

Redwood Acres Gardens. Three one-hour sessions will include instruction from Joe Duckett of Turtle Mountain Design on how to make raised beds and container gardens, information from Wes Green on building soils for successfully growing vegetables and guidance from Monty Caid from Lost Foods on how to start plants from seeds. CalFresh information will also be available. (707) 445-3037

SPRINGTIME FOR BEEKEEPERS

Spring is a busy time for beekeepers: preparing equipment, getting ready for swarms, making splits, replacing queens and so forth. Brad Woodward, proprietor of Woodlyn Brand Beehive Supplies in Loleta, will discuss the topic of "Preparing for the Spring Rush" at the Thursday, Feb. 5 meeting of the Humboldt County Beekeepers Association. The meeting begins at 6:30 p.m. in the auditorium of the Humboldt County Agriculture Department at 5630 South Broadway, Eureka. \$2. (707) 845-3362, humboldtbeekeepers.org

POOL KAYAK INSTRUCTION Explore North Coast, Humboldt County's local sea kayaking club, will offer kayak instruction at the Arcata Community Pool on Saturday, Feb. 28 from 10 a.m. to noon. Experienced club members will provide the instruction and what is taught will be entirely up to the student. New or less experienced paddlers

might want to learn how to safely exit their boat following a capsize and then how to re-enter the boat quickly. Club members will also provide roll instruction to those who have no roll experience and can help those with some roll experience improve their technique. New and/or less experienced paddlers are encouraged to attend, because there's no safer or more comfortable setting than a warm pool to learn and practice these skills. The number of participants will be limited and spots will be filled on a first come, first served basis. Contact Greg Bundros at g bundros@suddenlink.net to reserve a spot. The cost is \$20 per person for club members. The event is open to non-club members with \$5 fee to cover insurance. explorenorthcoast.net.g

AUDUBON NATURE WRITING CONTEST

Redwood Region Audubon Society (RRAS) is sponsoring its 10th annual student nature writing contest. Up to six cash prizes will be awarded for the best essay(s) or poem(s) on "What Nature Means to Me" by Humboldt or Del Norte County students in grades four through 12. Winners will be published on the RRAS website, rras.org, with awards presented at the 20th Annual Godwit Days Festival in Arcata on Saturday, April 18 at 11 a.m. Entries should be no more than 450 words in length; one entry per person. Topics suitable for exploration in-

clude, but are not limited to, bird feeding, duck hunting, animal rescue, and observations of the natural world. Entries must include the student's name, home address, phone number, and email; teacher name, grade, school, phone number, and email. Deadline for receipt is Friday, March 20. Send submissions as text within the body of an email to tomeleski@suddenlink.net or mail a printout to Louise Bacon-Ogden, 2337 B St., Eureka, CA, 95501.

RNP THINNING Redwood National Park is planning to thin 1,125 acres of second-growth forest in the Middle Fork of Lost Man Creek watershed. The project area is located five miles east of Orick in Humboldt County. Standard silvicultural methods will be used to improve conditions in park forests that were clear-cut logged and seeded with Douglas fir before park establishment. The thinning will reduce stand density to increase growth and vigor of the remaining trees, develop understory vegetation and multistoried canopy, and alter species composition to improve the ratio of redwood to Douglas fir. The Middle Fork of Lost Man Creek forest restoration project is part of an ongoing effort of Redwood National Park's forest restoration program. The project is described in a Finding of No Significant Impact. parkplanning.nps.gov/secondgrowth

Playhouse Arts & Redwood Jazz Alliance present
Tiptons Sax Quartet
MYTHUNDERSTANDINGS
An oral-history driven multi-media performance with the Tiptons and native story-teller Paul 'Che oke ten' Wagner
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PREMIERE HEWITT RANCH lot at the end of paved road, cul-de-sac location. City water and sewer, underground utilities at the street. Approx .65 acre in area of modern & high end homes. Build your dream home to take full advantage of the sunsets & stunning, natural neighborhood setting. Call or visit sueforbes.com for details & maps.....\$149,000

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